

Volume 10 Issue 6

May 2010

EV'S 114th Issue!



BC ELDERS COMMUNICATION CENTER SOCIETY

ELDERS VOICE

ATTENTION:

Elders Contact People
Please Remember To Make Copies of The
Elders Voice Each Month For Your Elders
And If You Could Also Make Copies For Your Chiefs and Councils
That Would Really Help In Keeping Everyone Up-To-Date On Elders Matters.

Dear Elders and Elders Support Workers

From: Ministry of Aboriginal Relations and Reconciliation

I want to inform you that the province recently launched a new website specifically for seniors in BC: SeniorsBC.ca. The SeniorsBC.ca website includes introductory videos with closed-captioning, feature stories and profiles of older adults, and a bi-monthly e-Newsletter. I hope you enjoy these new information resources and encourage you to share them with your friends, family and colleagues.

Happy May Birthday Wishes from Lil'wat First Nation to:

- Mary Ann Narcisse-May 2nd
- Donna Bobb-May 2nd
- John Leo-May 5th
- Bernard Dick-May 8th
- Georgena Nelson-May 8th
- Martina Joe-May 9th
- Martin Sam-May 10th
- Mae Joan Pascal-May 11th
- Earl Narcisse-May 23rd
- Loretta Pascal-May 29th
- Larry Williams-May 30th

Inside this issue

Easy Bakers Corner/Handy
Tips/Website Information

2

List of Paid Support Fees

3

Message fr. Gathering Host

4

CEDAR Project

5

Associated Press Articles

6

"I Went To A Party Mom"

7

Update From Ottawa

8

Pg. 9: First Nation Memorials

Pg. 10: What is A Will From INAC

Pg. 11: FN Grant Writing

**Pg. 12-13: Important "Certification"
Step**

**Pg. 14: Ottawa Cuts Funding To Resi-
dential Schools Lobby Group**

Pg. 15: Safe Human Food For Cats

Pg. 16: BC's Site C Decision

Pg. 17: UBCIC Letter

Pg. 18: BC FN Energy and Mining Press

Pg. 19: "Get Out Migration"

**Pgs. 20-23: BC FN Elders Grant Guide-
lines and Application**

Back Pg: Annual Elders Gathering Info

Easy Bakers Corner – Chocolate Buttercrunch Coffeecake

Preheat oven to 350°F Grease a 10” Bundt pan.

Filling In a bowl combine 1 pkg. (200g) of Chipits SKOR Toffee Bits, 1 cup of semi-sweet chocolate chips, 1/2 cup of chopped pecans, and 1 Tbsp. of brown sugar, packed in a bowl. Set aside.

Cake

In a separate bowl beat 1 cup of unsalted butter, softened and 1 1/4 cups of brown sugar, packed until fluffy. Beat in 4 eggs, one at a time, beating well after each addition. Beat in 1 tsp of vanilla.

In a separate bowl, combine 3 cups of all purpose flour, 1 1/2 tsp of baking powder, 1 tsp of baking soda and 1/2 tsp of salt; stir into butter mixture alternately with 1 1/4 cups of buttermilk.

Spread 1/3 of the batter into prepared pan. Sprinkle with 1/3 of the toffee bits mixture. Continue with 2 more layers of batter and filling, ending with filling.

Bake in centre of preheated oven for 55 minutes or until a toothpick inserted in the centre comes out clean.

Cool in pan on rack for 20 minutes. Serve warm or at room temperature.

TIP The darker your pan, the quicker your cake will bake, so always check to see if ready 5 minutes early.

- HANDY TIPS:**
1. Have grease stains on your carpet? Shake some cornstarch over the grease stain and let set there overnight or at least 8 hours. Vacuum.
 2. Cleaning Woodwork Did you know that cold tea will clean woodwork? Give it a try!
 3. Watering Houseplants? Have snow in your yard? Get some snow place in a pail or pitcher. Let melt and use the melted snow to water your plants! Did you know that snow has minerals in it that plants love?

What Can you please share?

The following is a short list of Elders suggestions of what might be shared: Your local Newsletters/Upcoming Local Events/Prayers/Poems/Quotes/Comments/Storytelling/Drawings/Articles of Interest/Native Songs Lyrics/Wellness Seminars/Obituaries/Birthday Wishes, etc. Submissions are best forwarded to me via email by the 15th of the preceding month. If you are interested in providing articles, please do so, I look forward to hearing from anyone who wants to contribute to the content of your newsletter.

Gilakasla, Donna Stirling

‘PRESERVING THE PAST’

New Elder’s Website: www.bcelders.com

The *First Ever* Elder’s Website “Preserving the Past” is now online (as of Sept. 2002). Registration forms, booth forms, maps of the host territory, accommodation information, etc. concerning the Annual Elders Gatherings are available each year on the BC Elders Communication Center Society’s website www.bcelders.com as soon as they are made available from each new host community.

Issues of your Elders Voice Newsletter are also posted on the website each month, though all issues still continue to be mailed out to your Elder’s Contact People throughout the province (to ensure that no one is left out because of a lack of access to the internet).

Comments? Please feel free to call in to the Communication Center - contact info is on the back page.

Disclaimer:

Health articles, etc. are provided as a courtesy and neither the BC Elders Communication Center Society’s Board/Members or anyone working on its behalf mean this information to be used to replace your doctor’s and other professional’s advice. You should contact your family physician or health care worker for all health care matters. Information is provided in the Elders Voice for your reference only. And opinions contained in this publication are not those of Donna Stirling, Coordinator unless her name appears below the material.

BC ELDERS COMMUNICATION CENTER SOCIETY

10th Year GRATITUDE LIST

Of Groups Who Have Thankfully Paid Their \$250 'Yearly Support Fee'
For the Dec. 1st 2009 – Nov. 30th 2010 Year

1. Indian Residential School Survivors Society
2. Ditidaht First Nation
3. Qualicum First Nation
4. Cowichan Elders
5. Tsleil-Waututh Nation
6. Laich-Kwil-Tach Treaty Society
7. BC Assoc. of Aboriginal Friendship Centres
8. Kla-How-Eya Circle of Elders
9. BC Transmission Corporation
10. K'omoks First Nation
11. Douglas Band
12. Kluskus Indian Band
13. Lower Nicola Indian Band
14. Ki-Low-Na Friendship Society
15. Hartley Bay Village Council
16. Squiala First Nation
17. Akisqnuq First Nation
18. Wei Wai Kum First Nation
19. Wet'suwet'en First Nation
20. Kitamaat Village Council
21. McLeod Lake Tse'khene Elders Society
22. Da'naxda'xw First Nation
23. Gitwangak Education Society
24. Quatsino Band
25. Spallumcheen Indian Band
26. Williams Lake Indian Band
27. Bridge River Indian Band
28. Lytton First Nation
29. Lower Kootenay Band
30. Ehattesaht Tribe
31. Xaxli'p Indian Band
32. Adams Lake Indian Band
33. Kwikwetlem First Nation
34. Osoyoos Indian Band
35. Hailika'as Heiltsuk Health Centre
36. Carnegie Community Centre
37. First Nations Health Society
38. We Wai Kai Nation
39. Hesquiaht First Nation
40. Sumas First Nation
41. Kamloops Indian Band
42. Shxwha:y Village
43. Ki-Low-Na Friendship Society
44. Chawathil First Nation
45. Gingolx Elders
46. Doig River First Nation
47. Soowahlie Health Services
48. Union of British Columbia Indian Chiefs
49. Whispering Pines/Clinton Indian Band
50. Seton Lake Elders
51. Dzawada'enuxw First Nation
52. Tobacco Plains Indian Band
53. Cook's Ferry Indian Band
54. Shxw'ow'hamel First Nation
55. Carrier Sekani Family Services
56. Gitanyow Human Services
57. Gitxsan Health Society
58. Simpcw First Nation
59. Ulkatcho Indian Band
60. Ka:'Yu:'k't'h'/Che:k'tles7et'h' Nation
61. Tansi Friendship Centre Society
62. Ts'kw'aylaxw Elders
63. In-SHUCK-ch Nation
64. Leq'a:mel First Nation
65. British Columbia Assembly of First Nations
66. Tsawwassen First Nation

INVOICE Message:

IT IS THAT TIME OF YEAR AGAIN!

Dear Elders, Elders Workers, Presidents, Chief and Councils, & Boards of Directors

Support Invoices accompany the November issue of the Elders Voice each year. Please see if you can assist with the costs for this provincial elder's office to operate by paying the \$250 yearly support fee.

Your consideration is very much appreciated. If your office/group needs another copy faxed or emailed please contact:

34th Annual BC Elders Gathering A Message From The Host

Planning for the 34th Annual BC Elders Gathering is furiously under way. The event is being hosted by Adams Lake Indian Band and SNTC and will be held at the Sunwave Centre in Salmon Arm, July 13 – 15th.

Susan Matthew, the Project Coordinator, was hired in January to organize the Gathering. She has been setting up workshops, working with the entertainment committee, arranging food and a self care/healing centre.

This year the Elders have decided to add a story telling & sharing tent. It will be located beside the pond on Okanagan College's campus. It will have an area to smudge and a place where people can share traditional stories as well ones about growing up in their communities. Susan Matthew says “There are some wonderful stories out there about people helping each other, sharing what little they had, and making a difference. These stories need to be shared with each other and with youth so they understand the challenges their Elders faced and what incredibly strong and giving people they are.”

The workshops will focus on traditional as well as contemporary issues for seniors. Along with traditional medicine there will be seminars on managing prescriptive drugs. Classes will range from indigenous foods to Facebook for 50+. Traditional workshops will include drum making, medicine bags and managing our food sources. Non-traditional will feature keeping an active mind, raising and communicating with grandchildren, and housing resources on and off reserve. There should be a little something for everyone.

Accommodation is going to be one of the trickiest details. People are encouraged to book their rooms right away as most of Salmon Arm is already full. There is still availability in Sorrento, Sicamous and Vernon but that's filling up quickly too. There should still be plenty of camping available and, if necessary, an overflow site will be established. If any one is interested in billeting they should get in touch.

Anyone who is interested in getting involved in any capacity should get in touch with Susan. The Planning Committee is still looking for traditional food donations (namely fish) and entertainers (singers, dancers, drummers and designers). Arrangements can be made for food donations to be picked up. Susan can be reached at 250-679-2247 or at smatthew@alib.ca.

Hope to see you at the Gathering.

Subject: Cedar project July 19 - July 31 2010 - Please post!

Welcome to the CEDAR project:

Please register as soon as possible as we are operating on a first come first served basis and can only accommodate 45 campers per summer!

Cross-Cultural Education through **Demonstration, Activity, and Recreation!** We are a UBC community initiative intended upon making the University environment more accessible to Aboriginal youth within Vancouver, and the wider community. CEDAR operates an annual summer day camp program for Aboriginal youth ages 8-12, as well as a series of weekend and after-school activities during the academic year.

Throughout this site you can find a great deal of information about our programs, our mission, and ways to get involved.

The CEDAR (Cross-cultural Education through Demonstration Action and Recreation) Summer Day Camp is now taking applications for its sixth year of operations.

The CEDAR Summer Day Camp, for Aboriginal elementary and middle school students, will run from Monday, July 19, 2010 through July 31, 2010 (during weekdays from 9:30am to 3:30pm). Bus service from Britannia Centre to UBC return will be provided daily. A full lunch and appropriate snacks throughout the day will be provided participants.

www.cedar.ubc.ca to go to the registration for the camp and find more info..

By THE ASSOCIATED PRESS, cp.org, Updated: April 7, 2010 8:34 AM

Prosecutor: US jail inmate who escaped cell for cigarettes and returned gets 20-year sentence

WOODBINE, Ga. - Authorities say an inmate who broke out of jail, then returned after stealing 14 packs of cigarettes, has been sentenced to 20 years.

Prosecutors told The Florida Times-Union inmate Harry Jackson, 26, escaped his cell at the Camden County Jail last year and went to the exercise yard to retrieve cigarettes he had expected would be tossed over a fence.

They say that when the contraband wasn't there, Jackson scaled the fence, broke a window at a convenience store and grabbed cigarette packs only to be arrested upon his return.

Jackson pleaded guilty to burglary and escape charges Monday. Prosecutors say he had been jailed on charges including driving with a suspended license. His lawyer, William Ashe, didn't immediately return a call seeking comment.

Jordanian paper's April Fool's joke about UFOs sparks panic, almost leads to town's evacuation

AMMAN, Jordan - A Jordanian newspaper's April Fool's Day report chronicling a late-night visit by 10-foot-tall aliens in flying saucers sparked public panic and almost led to the town's emergency evacuation, officials said Monday.

The Al Ghad newspaper published a front-page article April 1 about the fake UFO landing near the desert town of Jafr, some 185 miles (300 kilometres) from the capital, Amman. The report said the UFOs lit up the whole town, interrupted communications and sent fearful residents streaming into the streets.

Jafr's mayor, Mohammed Mleihan, got caught up in the paper's prank and said he sent security authorities in search of the aliens.

"Students didn't go to school, their parents were frightened and I almost evacuated the town's 13,000 residents," Mleihan told The Associated Press. "People were scared that aliens would attack them."

A Jordanian security official, speaking on condition of anonymity in order to discuss security issues, said an emergency plan was almost enacted in Jafr.

Mleihan said he may sue the daily for its "big lie," but added that the paper had called to apologize for the inconvenience caused by the joke.

Al Ghad's managing editor, Moussa Barhoumeh, tried to defuse the situation, saying the report has been "blown out of proportion."

"We meant to entertain, not scare people," he said.

Orson Welles caused similar panic in 1938 with his infamous "War of the Worlds" radio broadcast. The live drama's fake news reports about a Martian invasion sparked hysteria among listeners who thought its portrayal of the attack was true.

Women arrested for allegedly trying to smuggle man's corpse onto flight at British airport

LONDON - Police have arrested two women at an British airport after they reportedly tried to smuggle a corpse onto a flight.

Police said Tuesday the women were detained at Liverpool's John Lennon airport "on suspicion of failing to give notification of death" of a 91-year-old man.

The BBC and other British media reported that the women placed the man, a relative of theirs, into a wheelchair and covered his face with sunglasses in a bid to get him aboard a flight to Berlin.

The women, aged 41 and 66, were detained Saturday and have been released on bail. They have not been charged and police say inquiries are continuing.

“I WENT TO A PARTY MOM”

I went to a party, and remembered what you said.
You told me not to drink, Mom so I had a Sprite instead.

I felt proud of myself, the way you said I would,
That I didn't drink and drive, although some friends said I should.

I made a healthy choice, and your advice to me was right
As the party finally ended, and the kids drove out of sight.

I got into my car, sure to get home in one piece,
I never knew what was coming, Mom something I expected least.

Now I'm lying on the pavement and I hear the Policeman say,
“The kid that caused this wreck was drunk,” Mom, his voice seems far away.

My own blood's all around me, as I try hard not to cry.
I can hear the paramedic say, “This girl is going to die.”

I'm sure the guy had no idea, while he was flying high,
Because he chose to drink and drive, now I would have to die.

So why do people do it, Mom, knowing that it ruins lives?
And now the pain is cutting me, like a hundred stabbing knives.

Tell sister not to be afraid, Mom
Tell Daddy to be brave, and when I go to heaven,
Put “Daddy's Girl” on my grave.

Someone should have taught him, that it's wrong to drink and drive.
Maybe if his parents had, I'd still be alive.

My breath is getting shorter, Mom I'm getting really scared.
These are my final moments, and I'm so unprepared.

I wish that you could hold me Mom as I lie here and die.
I wish that I could say I love you, Mom
So I love you and good-bye.
(poem from the Weiwaikum Times)

Canada Given 3-Month Extension to Implement *McIvor* decision – will continue to pursue early adoption of C-3

Ref. #2-3333

Ottawa, Ontario (April 1, 2010) — “On April 1, 2010, the Court of Appeal for British Columbia granted a 3-month extension of the declaration of invalidity that resulted from the *McIvor v. Canada* ruling. The Government of Canada now has until July 5, 2010 to amend certain registration provisions of the *Indian Act* that the BC court deemed to be discriminatory.

On March 11, 2010, the Government of Canada introduced Bill C-3, Gender Equity in Indian Registration Act, to address the requirements of the British Columbia Court of Appeal decision. Once passed, Bill C-3 will ensure that eligible grandchildren of women who lost status as a result of marrying non-Indian men will become entitled to registration (Indian status) in accordance with the *Indian Act*.

This government is committed to ensuring the early passage of the proposed legislation and we will continue to work diligently to see it through and mitigate the effects of a legislative gap in British Columbia. I encourage all Members of Parliament to join me in working together to get this necessary legislation adopted.

Canada Celebrates 50th Anniversary Of First Nations' Right To Vote

Ref. #2-3330

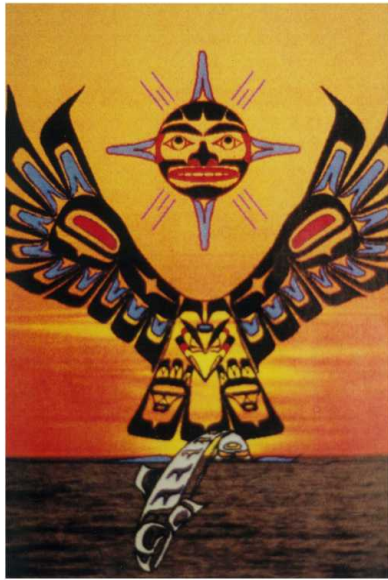
OTTAWA, ONTARIO (March 31, 2010) – The Honourable Chuck Strahl, Minister of Indian Affairs and Northern Development and Federal Interlocutor for Métis and Non-Status Indians today marked the 50th anniversary of the right to vote for First Nations.

"This is an important milestone and a cause for reflection," said Minister Strahl. "It was under the Diefenbaker government that the *Canada Elections Act* was amended to extend the right to vote to First Nations individuals back in 1960, and today, this government is moving forward to protect the rights of Aboriginal people."

The right to vote was extended to First Nations people when the *Act to Amend the [Canada Elections Act](#)* passed into law. This amendment removed discriminatory parts of Section 14 of the *Act* and received Royal Assent on March 31, 1960. It came into effect on July 1 of that year.

The Government of Canada is building on this historic legacy with several recent initiatives to ensure that Aboriginal people enjoy the same rights and freedoms as all other Canadians. They include the amendment that was made to the *Canadian Human Rights Act*, proposed changes to the *Indian Registration Act* that reflect gender equality, and a proposal concerning matrimonial real property.

"Canada has shown significant leadership in protecting the rights of First Nations, Inuit and Métis peoples," said Minister Strahl. "We will continue work to advance and uphold the rights and freedoms of Aboriginal peoples at home and abroad."



Attention: Tribal Chairs, Tribal Leaders, Chief and Council

First Nation Memorials

Contact: Darren Blaney 1651 - 19th Ave
First Nation Memorials Campbell River, BC
(250) 203-2566 V9W-4M2
www.FirstNationMemorials.com



Darren Blaney is congratulated by Campbell River Mayor Charlie Cornfield on announcing his new business - **First Nation Memorials**.

Press Release

Darren is proud to announce the start of his new business that will provide customized memorial markers and other funeral services to the First Nations community. As former chief of the Homalco Indian Band Darren saw first hand the lack of culture and traditional language expressed in the memorials.

With Darren's artistic talent, knowledge of First Nation culture and languages he feels he can make an impact on loved ones who have lost a family member.

Brief Bio:

Darren Blaney was Chief Treaty Negotiator/Chief of the Nation of the Homalco Indian band for six years. Previous to taking on the leadership role he had a successful art company producing jewellery, carvings, prints and embroidered clothing. Darren has been and is involved with a number of First Nation boards and committees - Salish Seas Steering Committee, First Nation Technology Council, Aboriginal Capital Corporation, First Nation Employment Society, Turning Point Director. Darren has a Bachelor of Arts in First Nation Studies and lives in Campbell River with his wife Rachel and their two boys.





WHAT IS A WILL AND HOW DO I MAKE ONE?

A **Will** is a document that leaves instructions about what you want done with your personal possessions and land (your estate) after you die. Dying without a Will is called dying "**intestate**". If you die intestate (without a Will), the *Indian Act* applies and sets out how your assets will be distributed rather than you or your family deciding.

How Do I make a Will?

To make a Will you must be of the age of majority (18 or 19 years of age).

To be valid a Will must:

- be in writing (you can write your own or use Will forms available from various sources)
- be signed by you;
- state your wishes with respect to disposing of at least one of your assets; and
- state that it takes effect after your death.

What should be in the Will?

Your Will should provide instructions for the distribution of all your land and personal property (ie. money, jewelry, etc.)

What should I consider when making a Will/What do I need?

- A list of the full names and addresses of your beneficiaries.
- A list of all your assets, real or personal property (these assets may include a commercial licence, crops, animals).
- A list of all your debts and the location of your bank accounts and other assets.
- Directions on the distribution of your assets and a list of special items you wish to give to specific people.
- The name of someone that you want to be your administrator (executor).

Are there special rules for signing of the Will?

It would be preferable to date your Will and to have someone witness the signing of your Will. Your witness(es) should be an adult(s) who is not mentioned in the Will. The spouse of someone mentioned in your Will should also not be a witness.

Can a Will be changed or modified?

You can change your Will as often as you like. In fact, it is a good idea to read it over from time to time to make sure it is accurate and up-to-date. You should change your Will if, for example, there is a birth of a child, divorce, change of residence, death of someone mentioned in your Will, or if you have acquired new valuable articles. You should always initial all changes or additions and have them witnessed.

When should I hire a lawyer (or a notary in the province of Quebec)?

Although legally you do not have to hire a lawyer to write your Will, it may be advisable to hire one in the following circumstances:

- if you have children or you care for someone who has special needs;
- if you have personal or "real" property (land and building) of significant value;
- if you own property off reserve;
- if you own a business.

Where should I keep my Will?

If you choose to keep your original Will, put it in a safe place such as your safety deposit box, a fireproof box, a home safe or a safe at the band council office. Banks will usually allow your executor to take your Will from the box. You should tell a family member, your executor or someone you trust where your Will is kept so that your final wishes can be carried out.

First Nations Bands Throughout BC to Benefit from Grant Writing Support Program

PRINCE GEORGE, BC | VANCOUVER, BC - [Northern Development Initiative Trust](#) and the [New Relationship Trust](#) are expanding their partnership to further increase the capacity of First Nations throughout BC to access funding for priority projects within their communities through [Northern Development's Grant Writing Support](#) program.

Northern Development provides a total program of \$405,000 each year for communities and First Nations that hire a four month grant writer in the local area to write at least \$200,000 in applications that will benefit community projects. Grants of \$7,500 are available for each community and are available on a first come, first served basis.

In January 2010, the New Relationship Trust invested \$125,000 to support an expansion of the program to the eighty-eight First Nations communities within Northern Development Initiative Trust's Region. The New Relationship Trust has partnered with Northern Development once again to provide an additional \$125,000 to make the program available to First Nations communities throughout British Columbia in 2010 with \$7,500 grants on a first come, first served basis.

"Our funding partnership announcement in January has generated a lot of interest from First Nations communities outside of the Northern Development region who would like to be able to access the program," stated [Cliff Fregin, Chief Executive Officer, New Relationship Trust](#). "This additional funding support will increase the capacity of First Nations communities throughout BC to source the funding required to move important community projects forward." First Nations communities from the Southern Interior, the Lower Mainland and Vancouver Island are among those who have already expressed an interest in accessing the program as soon as it becomes available.

Since the inception of the Grant Writing Support program in 2007, it has demonstrated the highest return on investment of any of Northern Development's community funding programs with up to \$90 flowing back to communities for every \$1 invested. The success to date has resulted in a significant increase in applications to the program.

"In the first three months of 2009, we received twelve applications for grant writing support," said [Northern Development Chief Executive Officer Janine North](#). "Through the first three months of 2010, we have already approved forty-six applications, with twenty-three coming from First Nations communities in central and northern British Columbia. We are very happy to be partnering with the New Relationship Trust to further expand this program to other First Nations communities in BC."

How to Apply

First Nations bands from outside of the Northern Development region can access the application form and guide posted on the [New Relationship Trust website](#). Applications will be reviewed on a first come, first served basis.

About Northern Development Initiative Trust

Northern Development Initiative Trust is an independent regional economic development corporation, originally funded by the Province of British Columbia, and is focused on stimulating economic growth and job creation in central and northern British Columbia. Over \$95.6 million in funding has been committed to 489 projects with a total project value of over \$897.6 million.

To learn more about Northern Development Initiative Trust, visit:
www.northerndevelopment.bc.ca

About the New Relationship Trust

The New Relationship Trust (NRT) is an independent non-profit organization dedicated to strengthening

First Nations in BC through capacity building.

NRT was created in 2006 as a response to the vision of a new relationship in the province, one based on "respect, recognition, and accommodation of aboriginal title and rights." This vision was jointly agreed to in the spring of 2005 by leaders from the [First Nations Summit](#), the [BC Assembly of First Nations](#), the [Union of BC Indian Chiefs](#) and the [Province of BC](#).

Today, NRT supports Nation Building by assisting First Nations and their communities in five key areas: education, capacity, language and culture, youth and elders, and economic development.

To learn more about New Relationship Trust, visit: www.newrelationshiptrust.ca

Media Contacts

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Toll-free: 1.877.922.3338
Email: cfregin@nrtf.ca

Important "Certification" step in BC First Nations Class-Action lawsuit Class-Action lawsuit to save Broughton Archipelago wild salmon begins today in Supreme Court of British Columbia April 13, 2010



Kwicksutaineuk/Ah-Kwa-Mish First Nations
P.O. Box 10, 1 Front Street, Alert Bay, BC V0N1A0
Phone: 250-974-3004 Fax: 250-974-3007

(Vancouver, April 13, 2010) A Certification Hearing, a critical stage in the advancement of the Kwicksutaineuk/Ah-Kwa-Mish First Nation's (KAFN) class-action lawsuit against the British Columbia Government for devastation caused by open net-cage salmon farming in their Territories, began in a Vancouver courtroom today. The sessions are before the Supreme Court of British Columbia's Mr. Justice Slade and are scheduled for nine days.

The KAFN lawsuit was launched on February 4th, 2009. Certification is a procedural step required under the BC Class Proceedings Act to seek the approval of the Court for the case to proceed as a class action.

Bob Chamberlin is Chief of the KAFN and the Representative Plaintiff in the Court. Chamberlin stressed that going to Court was not a decision taken lightly. He also relayed his disappointment in the continued failure on the part of the government to respond to KAFN concerns. "Our firsthand knowledge of the impacts of salmon farms in our Territories has not been recognized. Nor have our constitutional rights to fish for food, social and ceremonial purposes."

Chief Chamberlin, accompanied by Hereditary Chiefs and Musgamagw-Tsawataineuk Tribal Council (MTTC) leaders, explained the importance of the undertaking before he entered the Court, "Legal action became necessary when interventions so urgently needed to save the wild salmon of our Territory, the Broughton Archipelago, did not occur".

He observed that, "Despite promises for shared decision-making found in the New Relationship and years of intensive efforts by the KAFN and others to engage the B.C. government in improving salmon farming regulations and reducing the impacts on wild salmon, the response continued to be delay, deny and distract. This is why we are here today."

The wild salmon are fundamental to the cultural and spiritual integrity of the KAFN and to the ecological integrity of their Territory. When juvenile pink and chum salmon migrate out to the open ocean, they must run a gauntlet of open net-cage salmon farms, densely stocked with Atlantic salmon, which are breeding grounds for parasitic sea lice and disease.

Chamberlin described an ever-increasing body of peer-reviewed, published science confirming the severe impacts of these open net-cage farms. He stated, "The impacts of open net-cage salmon farming continue to severely threaten the wild salmon that are essential to the survival of our distinct aboriginal culture."

Chief Chamberlin went on to "Express satisfaction with the speed of the class action process indicating that this legal avenue was chosen because of the potential for comparatively quick processing through the judicial system. Speed is crucial to the fish, in light of the rapid decline of wild salmon populations in the Broughton Archipelago." There is an ever-increasing urgency to seek solutions and the KAFN are hoping for the earliest possible resolution of this legal action.

Chamberlin expressed his deep appreciation and respect for the "legions of supporters" and the efforts made by so many others in fighting for the survival of wild salmon. He concluded by asking two questions, "Why doesn't government realize what's at stake? Why has government, federal or provincial, not acted on what they can control - fish farms and sea lice?"

The certification hearing will determine whether or not the action can go forward as a class action. If the Court approves this procedure, all First Nations who utilize the wild fishery in the area will be notified, and will then have the opportunity to make a claim under the class action or opt out.

Legal counsel for the KAFN are J.J. Camp Q.C. and Reidar Mogerman of the Vancouver-based Camp, Fiorante and Matthews and Krista Robertson of Robertson Law in Victoria.

To schedule media interviews, contact:

Don Huff, Penasi Communication/Environmental Communication Options, at 416-972-7404 (Cell) 416-805-7720 or email [huffd\(at\)huffstrategy.com](mailto:huffd@huffstrategy.com).

To view the original KAFN Statement of Claim filed in February 2009, go to:

http://huffstrategy.com/MediaManager/Media/Text/1233780246_Microsoft+Word+-+0052+Pleading+Statement+of+Claim+Chamberlin_2.pdf

<http://huffstrategy.com/MediaManager/release/KAFN/4-2-09/KAFN-Statement-of-Claim/1511.html>

Ottawa cuts funding to residential schools lobby group

<http://www.theglobeandmail.com/news/national/ottawa-cuts-funding-to-residential-schools-lobby-group/article1525591/>

National Residential Schools Survivors' Society says loss of funds comes after harsh criticism of government and churches

Bill Curry

Ottawa — From Wednesday's Globe and Mail

Published on Tuesday, Apr. 06, 2010

The Department of Indian Affairs has cut funding to a national organization that speaks on behalf of former residential school students, and the group's leader is calling the move retribution for his harsh criticism of how the government and churches are handling a landmark 2007 settlement.

The seven-year-old National Residential Schools Survivors' Society lobbies Ottawa and "mainstream Canada" on residential schools issues and helps former students work with government, churches and aboriginal groups.

In 2008-2009, the group received \$764,238 from Indian Affairs and Health Canada, and has had more money since, but the transfers have stopped and past expenses are being audited.

"Basically, they cut us off," said executive director Mike Cachagee, who claims it is because he is "so vociferous."

The loss of funds to the national advocacy group is another disappointment for former residential school students. Last month, they learned through the federal budget that there would be no more money for the Aboriginal Healing Foundation, which funds counselling and support.

The foundation had received \$125-million in the 2007 settlement between Ottawa, the churches that helped run the schools, and former students. This week, The Globe and Mail reported behind-the-scenes divisions over what church documents will be released to the Truth and Reconciliation Commission.

Some church representatives complained to lead commissioner Murray Sinclair after the commission's research director, John Milloy, accused the churches of being uncooperative in handing over documents. The commission did not comment Tuesday, but Mr. Cachagee said he agrees with Mr. Milloy's criticisms.

"This whole deal was a sweetheart deal for lawyers, for churches and for the government. I as a survivor and the rest of us got the royal shaft, and we're still getting shafted," he said. "We've got this great big public relations campaign that makes it look like we all got these gazillion dollars and now we're going to go into reconciliation and all hold our hands and live in eternal bliss."

Mr. Cachagee is highly critical of the \$705-million in administration costs for the 2007 out-of-court settlement. He said the government, churches and lawyers are not living up to their promises, such as helping former students with their compensation claims.

A spokesperson for Indian Affairs confirmed the Sault Ste. Marie, Ont.-based organization will get no more money while the department reviews whether it spent its funds according to the original agreement.

Mr. Milloy is a Trent University professor who is one of Canada's leading historians on residential school issues.

Human Foods for Cats? From www.About.com:Cats

A Guide to Safe VS Toxic "Table Scraps" for Cats

By Franny Syufy, About.com Guide

Let's face it: some cats are inveterate "bums" and will beg and plead most appealingly while you try to eat. While I will (rarely) give a cat a tidbit of chicken or turkey from my plate, it's a practice I don't encourage as a regular habit for a few reasons. First, because cats need the nutrients specifically provided for them in good, premium cat foods, and any "extras" that they consume will take away their appetites for their regular meals. A sliver of turkey or chicken from your dinner plate certainly won't kill a cat, but you're helping him develop bad habits. What happens when Aunt Phoebe comes for dinner and Simon jumps on her lap to scarf up her meal?

However, the main reason I'd discourage feeding cats "people food" is that there are a number of foods that are toxic to cats. You may have forgotten that the gravy slathered over your Thanksgiving turkey used broth that was flavored with onion, among other things. While it is tasty and harmless to humans, onions are very toxic to cats. The following is a list of foods that cats should **never** eat:

Onions, Garlic, & Related Root Vegetables Onions contain a substance (*N-propyl disulphide*) which destroys red blood cells in the cat, causing a form of anemia called *Heinz body anemia*. Garlic contains a similar substance in a lesser amount.

Green Tomatoes, Green (raw Potatoes) These foods are members of the Solanaceae family of plants, which includes the Deadly Nightshade, and contain a bitter, poisonous alkaloid called *Glycoalkaloid Solanine*, which can cause violent lower gastrointestinal symptoms. The leaves and stems are particularly toxic. (Tomatoes in pet foods are ripe, and should cause no concern)

Chocolate It's becoming more widely known that chocolate is very toxic to both cats and dogs. Theobromine is the offending substance here. Janet Tobiassen Crosby, D.V.M. has an excellent article on the symptoms, effects, and treatment of [chocolate toxicity](#).

Grapes and Raisins These foods' toxicity has mainly been found in dogs, in quantities of varying amounts. The ASPCA advises: "As there are still many unknowns with the toxic potential of grapes and raisins, the ASPCA Animal Poison Control Center advises not giving grapes or raisins to pets in any amount." That's good enough for me.

Milk Although milk is not toxic to cats, it may have adverse effects. Simply put, adult cats fed a nutritious diet don't need milk, and many cats are lactose-intolerant, which means that the lactose in milk and milk products produces stomach upset, cramps, and gassiness. If your cat loves milk, and begs for it, a small amount of cream may be okay, two or three times a week. (The more fat in the milk, the less lactose.) Another compromise is [CatSip](#), a product made from skim milk with an enzyme added that helps the digestion of lactose. Catsip is available in supermarkets such as Safeway, Albertson's and A&P, as well as pet products chains, such as PetSmart and Petco.

These are the most commonly seen "people foods" that are potentially harmful to cats. The bottom line is to feed your cat nutritious food developed with his needs in mind and choose treats designed for cats instead of table scraps. Admit it, we all do it. We feed our animals table scraps and handouts of whatever we might be eating at the time. While we don't mean any harm, and it is hard to ignore those "puppy eyes," you can actually be causing harm to your pet. While it is okay to occasionally give your animal people food, you might be surprised by some of the items that they should NEVER eat!

For: Council of British Columbia Treaty 8 Chiefs
Contact: Roland Willson, Chief, Council of British Columbia
Treaty 8 Chiefs
Primary Phone: 250-783-0733

Date issued: April 19, 2010, 15:38 e

Attention: Assignment Editor, Environment Editor, Energy Editor, News Editor, Government/Political Affairs Editor

Treaty 8 Chiefs Extremely Frustrated with BC's Site C Decision

Council of Treaty 8 Chiefs Extremely Frustrated with British Columbia's Decision to Move Forward with Site C

Fort St John, BC, PRESS RELEASE, Apr.19 /CCNMatthews/ - The Council of Treaty 8 Chiefs are outraged with British Columbia's decision to give BC Hydro the green light to move forward to the Stage 3 regulatory phase of the Site C hydroelectric dam project.

"Treaty 8 First Nations continue to be frustrated with British Columbia's disregard of their Treaty rights when it comes to the cumulative impacts of resource development," said Tribal Chief Liz Logan. "The government has decided to move forward on Site C without ever having addressed past infringements of Treaty rights respecting the construction of the W.A.C. Bennett and Peace Canyon Dams."

"It is clear to Treaty 8 First Nations that the only real priority for the government is the further exploitation of the natural resources of Northeast British Columbia for revenue into the government coffers," said Chief Roland Willson of the West Moberly First Nations "We are gravely concerned about this, given the government's recent watering down of environmental regulatory processes. That could enable this mega project to move through with little or no challenges to the application."

"Coupled with existing forestry, mining and oil and gas development, the cumulative impacts of the Site C dam reservoir will cause irrevocable damage to fish and wildlife habitats, local agriculture and flooding of important cultural and archaeological sites," said Chief Lynette Tsakoza of the Prophet River First Nation.

"Treaty 8 First Nations are concerned that the Government of British Columbia and BC Hydro have not adequately demonstrated the real need for energy," said Chief Norman Davis of the Doig River First Nation.

Treaty 8 Nations are disappointed that the Stage 2 consultation process with BC Hydro remains incomplete, making the government's decision to move to Stage 3 premature. Of significant concern to the Treaty 8 First Nations is that BC Hydro does not believe that a Traditional Land Use Study will be necessary to establish the base-line data for the project's feasibility prior to the commencement of Stage 3. The Treaty 8 First Nations are very concerned with the integrity of the regulatory processes and whether they can meaningfully address the undeniable impacts of the project on our Treaty rights.

- END RELEASE - 19/04/2010

For further information:
Contact: Chief Roland Willson - 250-783-0733

Release ID: 201004190006

OUR LAND IS OUR FUTURE

UNION OF BRITISH COLUMBIA INDIAN CHIEFS

FOUNDING HEAD OFFICE
209 - 345 Yellowhead Highway
Kamloops, B.C. V2H 1H1
Tel: 250-828-9746
Fax: 250-828-0319



VANCOUVER OFFICE
5th Floor, 342 Water Street
Vancouver, B.C. V6B 1B6
Tel: 604-684-0231
Fax: 604-684-5726
1-800-793-9701
Email: ubcic@ubcic.bc.ca
Web: www.ubcic.bc.ca

March 25, 2010

Office of the Prime Minister
80 Wellington Street,
Ottawa KIA 0A2
Via email: pm@pm.gc.ca and fax: 1-613-941-6900

URGENT

Dear Prime Minister Harper:

On Wednesday, June 11, 2008, on behalf of Canada, you issued an apology to former Indian Residential schools students for the sad chapter in Canada's history.

You acknowledged that our stories disclosed tragic accounts of the emotional, physical and sexual abuse and neglect of helpless children, and their separation from powerless families and communities. The Apology acknowledges that on behalf of Canada, you are willing to carry the burden of Indian Residential Schools and will join us in our recovery.

The Apology was intended to be a positive step in forging a new relationship between Aboriginal peoples and other Canadians, a relationship based on the knowledge of our shared history, a respect for each other and a desire to move forward together with a renewed understanding that strong families, strong communities and vibrant cultures and traditions will contribute to a stronger Canada for all of us.

We request that you continue to support my recovery from the tragic experiences of Indian Residential Schools. The communities of the Union of BC Indian Chiefs have benefited from the services of the Aboriginal Healing Foundation and request that you provide ongoing financial resources that would allow survivors and families to continue to heal so that we may journey together to a stronger Canada that will include former Indian Residential School students.

On behalf of the UNION OF BC INDIAN CHIEFS

Grand Chief Stewart Phillip
President

Chief William Charlie
Vice-President

Chief Robert Chamberlin
Secretary-Treasurer

CC: Charlene Belleau - CBelleau@afn.ca, Fax: 1-613-241-5808
UBCIC Chiefs Council



April 6, 2010

For Immediate Release

Radical revamp of environmental reviews needed or mines and other major projects face costly delays, First Nations warn

VANCOUVER – The provincial and federal governments are right to criticize the current environmental review processes, but misguided if they think the reviews can be streamlined without significant changes that address Aboriginal concerns, First Nations leaders said today.

“There is no question that separate provincial and federal environmental reviews result in costly and potentially unnecessary delays,” said Grand Chief Ed John of the BC First Nations Summit. “But if government or industries believe that two flawed processes can simply be replaced by one bad one, they are mistaken.”

Grand Chief John and other First Nation leaders expressed surprise at recent news that Ottawa has granted federal Environment Minister Jim Prentice authority to circumvent full assessments of controversial projects such as major mines and energy projects. Grand Chief John further states, “this unilateral decision is not a constructive step forward and certainly does not respect the rule of law on Indigenous issues. Given the emerging state of the law –in Canada and internationally—it is important for governments to recognize the legitimacy of these rights and to act within a framework of implementing them.”

“This is an arrogant and dangerous step that will completely undermine efforts to build new, productive relations with First Nations,” said Grand Chief Stewart Phillip, President of the Union of British Columbia Indian Chiefs. “The provincial and federal governments ought to know by now that many of the lengthy delays in proposed mines and other projects are tied to inadequate environmental review processes that utterly fail to address the unextinguished Indigenous land title, rights and interests of our Peoples.”

Fred Sam, chief of the Nak’azdli First Nation, echoed Phillips’ concerns.

“Our nation would not have recently filed a petition in BC Supreme Court opposing the proposed Mt. Milligan copper and gold mine north of Fort St. James had there been a strong environmental review process in place. Our concerns about this proposed project were never adequately addressed through the assessment process and we were never offered a meaningful position at the decision-making table,” Sam said.

“The Council is proposing a completely revamped environmental assessment process that has been endorsed by the BC Chiefs via resolution – this proposal is independent from government, has mandatory First Nation participation, is transparent for all parties, and results in sustainable and accountable projects,” says Dave Porter, CEO of the BC First Nations Energy and Mining Council.

“By all means, let’s end unnecessary duplication of work,” Porter says. “But any streamlined environmental review process that fails to address First Nations rights and interests is a non-starter and will only delay project start-ups. Let’s get everyone to the table to find a workable solution.”

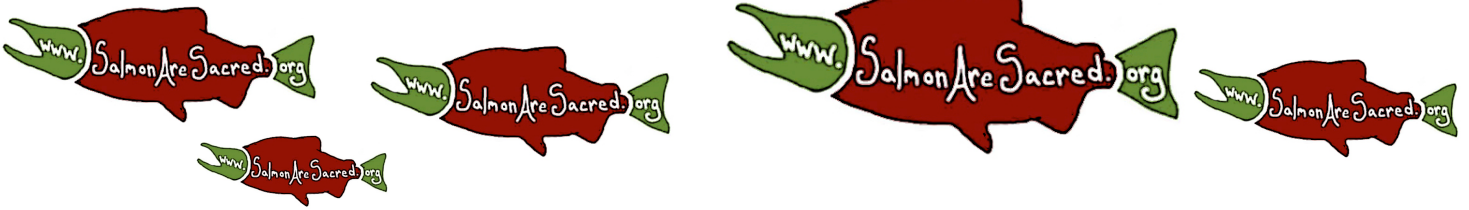
For more information contact:

Colin Braker (for Grand Chief Edward John): 604 926 9903

Don Bain (for Grand Chief Stewart Phillip): 604 684 0231

Paul Blom (for Dave Porter): 778 887 0855

Anne Marie Sam (for Chief Fred Sam): 250 649 8284



“GET OUT MIGRATION”

A Human Migration to tell Ottawa Wild Salmon are Essential.
GET Industrial Salmon Farms OUT of BC Waters.

When

April 22 EARTH DAY to May 9th MOTHER’S DAY

Who

You! Government needs to know how serious we are about wanting our wild salmon. Alexandra Morton is making this migration with you.

Where

Vancouver Island. Beginning in Sointula then by boat/ferry to Port McNeill and Migrating South to the Victoria Parliament Buildings. See the website for updates on joining this migration or others that will meet up from mainland and other communities.

www.SalmonAreSacred.org

All the following dates are not set in stone.

Please check website for confirmation closer to event time.

Join the conversation on-line to help or bring an event to your community.

Earth Day Start April 22 - Broughton Archipelago/Alert Bay/Sointula
April 23 - Port Hardy/Port McNeill, **April 24** - Nimpkish Lake
April 25 - Zeballos Junction, **April 26** - Woss, **April 27**- Sayward
April 28 - Quadra Island, **April 29** - Campbell River/Courtenay/Comox,
April 30 - Big Qualicum River/Parksville, **May 1** - Port Alberni
May 2 - Nanaimo, **May 3** - Ladysmith/Saltspring Island
May 4 - Saltspring Island, **May 5** - Duncan, **MAY 6** - Bamberton
May 7 - Sidney/Saanich.
End of Migration May 8 - Victoria, **May 9** - Victoria





BC First Nation Elders Grant Initiative Description & Guidelines 2010

The New Relationship Trust allocated \$250,000 in 2010/11 to assist British Columbia First Nation Elder's Groups.

Who Can Apply?

All Elders Groups and/or First Nation communities and organizations representing BC First Nation Elders can apply. Priority will be given to those applications that benefit Elders and/or Elder's groups at the community or Nation level. These projects, activities and/or events will benefit a group of BC First Nation Elders.

Initiative Objectives

The purpose of this initiative is to provide incentive for BC First Nation Elders groups, First Nation communities and organizations representing BC First Nation Elders in British Columbia to provide specific programming targeted to BC First Nation Elders. BC First Nation Elders groups, First Nation communities and organizations are able to apply for funding to provide their First Nation Elders with targeted projects, activities or events. The maximum amount available is \$2,500 per application.

For the purposes of the 2010 BC First Nation Elders Grant Initiative, First Nation projects must benefit Elders at the community or nation level.

Priority will be given to Elders groups, communities and/or organizations that demonstrate how First Nation Elders will benefit from BC First Nation Elders Grant Initiative funding. Areas that fall under BC First Nation Elders Grant Initiative enhance knowledge, abilities, skills and processes in such areas as:

- Leadership;
- Traditional Knowledge;
- Oral Traditions;
- Culture & Language;
- Elders Gathering.

Eligibility:

The Elders Community Initiative is available to all British Columbia First Nations Elders groups, First Nation communities and organizations representing BC First Nation Elders.

Examples of Ineligible Expenses or Projects:

1. Projects currently funded under another NRT initiative
2. Projects that have occurred prior to approval of application
3. Administration costs
4. Honorariums

Maximum Program Contributions

The BC First Nation Elders group, First Nation or organization is eligible to receive a contribution to a maximum of \$2,500.00 per project.

Deadline Date

BC First Nation Elders Grant Initiative will have a deadline date for applications and proposals by **4:00 pm, Monday, May 31st, 2010**. All completed applications and proposals must be received at the New Relationship Trust office by 4:00 pm of the deadline date. No exceptions. Applications and proposals must be delivered by mail or dropped off in person. Faxed and e-mail applications will *not* be accepted or reviewed.

Project Requirements

1. Signed Completed Application Form
2. Short Description how funding will benefit Elders in your community/nation
3. Budget breakdown
4. Provide description of project; information about First Nation band or organization, and how many Elders the proposed project will benefit
5. Letter of support [from either from the Chair of Elder's group, the local First Nation government (council); or FN organization from the CEO or Executive Director].

Approval / Evaluation Process

NRT will approve applications that meet the proposed criteria, provide all support documentation and offer meaningful opportunity to their BC First Nation Elders.

Reporting Requirements

If successful in your application, your Elders group, First Nation or organization will be required to submit a final summary/report with participant and financial information, the name of two contact persons is also required for follow-up during and at the completion of the initiative.

The written narrative report will discuss how the Elders benefited from funding. Other materials, including pictures, participant and initiative evaluations are also encouraged, and, if submitted, may be published in the NRT Voices Newsletter.



BC FIRST NATION ELDERS GRANT INITIATIVE APPLICATION 2010

Name of Elder Group: _____

Name of First Nation: _____

Contact Person # 1: _____

Contact Person # 2: _____

Address: _____

Email: _____

Telephone: _____

Fax: _____

Amount Requested: \$ _____

Project information

Name of Project: _____

Description of how funding will benefit Elders in your community:

Project Cost	Financing
Expenses	Equity
Other (identify)	First Nation band/ Organization
	Fund Raising
	Funding Requests
Total Project Costs	Total Source of Funds

Budget:



BC FIRST NATION ELDER GRANT INITIATIVE

I understand that the information submitted in and with this application will be used to assess my eligibility for the BC First Nation Elder Grant Initiative. I hereby certify that all the information provided on this application form and in all the documents accompanying it is true, accurate and complete. I have read all the policy and guidelines under this New Relationship Trust BC First Nation Elder Grant initiative. By submitting this application, I agree to be bound by the policies and guidelines of this program.

Signature of Applicant: _____ Date: _____

Print Name: _____

Application deadline: Monday, May 31, 2010 by 4:00 pm

Applications must be mailed or dropped off to:

*New Relationship Trust
#1008-100 Park Royal South
West Vancouver, BC V7T 1A2
Attention: Lana Plante, Project Officer*

Faxed and e-mailed applications will not be accepted

Only one application will be accepted per Elder group in each First Nation community and organization

BC FIRST NATION ELDER GRANT INITIATIVE Support Documentation Checklist

- Signed Completed Application Form.
- Two contact names listed on application with email address
- Project Description; information about Elders group, First Nations band or organization And how many Elders will benefit from project.
- Short description on how many Elders will benefit from project; information about Elders group, First Nation band or organization.
- Letter of support from your Chair of Elders Group, First Nation government or CEO/ Executive Director of First Nations organization.

**BC ELDERS
COMMUNICATION
CENTER SOCIETY**

**ADDRESS:
1415 Wewaikum Rd.
Campbell River, B.C. V9W 5W9**

**Phone: 1-250-286-9977
Fax: 1-250-286-4809
Toll-Free: 1-877-738-7288
Coordinator: Donna Stirling
Website: www.bcelders.com
Email:
bcelders@telus.net**

**'ELDERS VOICE' ISSUES
ARE SENT OUT TO
COMMUNITIES BY THE
1st OF EACH MONTH.
If your area's copy is not received
in a timely manner please call in
to the office.**

From www.jokeclean.com

A couple in their nineties were having trouble remembering things so they went to their doctor for checkups. The doctor told them that they were both physically fine and advised them to write things down to help them remember.

Later that evening while watching television, the husband got up from his chair to go to the kitchen for a snack. He asked his wife if she wanted anything.

"Could you bring me a bowl of ice cream?" she asked. "Sure," he replied.

"Do you think you should write that down to remember it?" she asked.

"No, I can remember that," he said.

"I'd like some strawberries on it, too. Do you need to write that down?" she said.

"No, I can remember that, too. Ice cream with strawberries," he said, becoming a little irritated.

"I'd like some whipped cream on it, too. Can you remember all that? The doctor said you should write things down," she said.

"For goodness sakes, I can remember that. I don't need to write it down. A bowl of ice cream with strawberries and whipped cream," he said, now more than a little irritated.

Off he went to the kitchen. About 20 minutes later he returned with a plate of bacon and eggs.

The wife stared at it for a moment and said, "Where's my toast?"

***Please mail, fax, email, or call in your
Birthday, Anniversary and other Special Wishes and Community Events !!***

Happy! Happy! Birthday To All Elders Born in May!

TAURUS - The Enduring One (April 20 - May 20) Charming but aggressive. Can come off as boring, but they are not. Hard workers. Warm-hearted. Strong, has endurance. Solid beings that are stable and secure in their ways. Not looking for shortcuts. Take pride in their beauty. Patient and reliable. Make great friends and give good advice. Loving and kind. Loves hard - passionate. Express themselves emotionally. Prone to ferocious temper-tantrums. Determined. Indulge themselves often. Very generous.

PLEASE CHECK OUT OUR RE-VAMPED WEBSITE AT:

www.bcelders.com

(Including Grand Entry Photos from the Annual Elders Gatherings)

ANNUAL BC ELDERS GATHERING INFORMATION CORNER

34th Annual BC Elders Gathering

Dates July 13,14,15th 2010 (with registration beginning July 12th)

Host: Adams Lake Indian Band and the Secwepemc Nation Bands

Event Location: Sunwave Centre in Salmon Arm, BC

Project Coordinator for the 2010 BC Elders Gathering is Susan Matthew

For info Ph: 250-679-2247 Email: smatthew@alib.ca

*****Please make Cheques/Money Orders payable to Adams Lake Band Attn: Susan Matthew**