

Volume 10 Issue 4

March 2010

EV'S 112th Issue!

ATTENTION:

Elders Contact People
Please Remember To Make Copies of The
Elders Voice Each Month For Your Elders
And If You Could Also Make Copies For Your Chiefs and Councils
That Would Really Help In Keeping Everyone Up-To-Date On Elders Matters.



BC ELDERS COMMUNICATION CENTER SOCIETY

ELDERS VOICE

Dear Elders and Elders Support Workers...Please note 2010 Elders Gathering Forms are on pages 4-10 of this issue. Don't forget to book your rooms, register for the event early, and to take note of the late registration fee!!!

Please also note the Registration Fee is \$50 per person this year which is a realistic amount for the host to charge to cover the food for the event, but it by no means covers the huge costs associated with hosting.

Please watch upcoming issues for messages from the host and help in any way you can each year. Your Elders Gathering has been going on for 34 years and it welcomes thousands of you each year, unfortunately funding for it continues to be scarce year after year even though it is your most important cultural event.

I know that the event in Salmon Arm will be wonderful and they are doing a great job already, but people need to remember to try and help the host more each year as raising \$250,000 - \$350,000 or more for your event is a huge challenge for the new host community each year, as those of you who have hosted can attest to.

It is very important that all communities plan ahead if they plan to bid on hosting this event, and it would be a good idea for groups to start bidding for upcoming years in advance to allow for a longer planning time.

Sincerely, Donna Stirling

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Easy Bakers Corner – Applesauce Cake with Caramel Icing

Preheat oven to 350°F. Grease a 8 1/2" or 9" spring form pan.

Beat 1/2 cup of Crisco Golden Shortening and 1 1/2 cups of granulated sugar in a large bowl until light and fluffy. Beat in 1 egg.

In a second bowl combine 2 1/2 cups of flour, 2 tsp. of baking soda, 1/4 tsp of salt and 1/4 tsp of cinnamon, stir into shortening mixture alternately with 1 1/2 cups of applesauce.

Fold in 1/2 cup of raisins and 1/2 cup of walnuts. Pour into prepared pan.

Bake in centre of preheated oven about 60-65 minutes until deep golden and cake springs back when lightly pressed. Cool in pan for 20 minutes, remove from pan and cool completely.

Caramel Icing: Melt 1/4 cup Golden Shortening over low heat in saucepan. Stir in 2 tsp. of flour for 1 minute. Whisk in 1 cup of light brown sugar, packed and 2/3 cup of 2% evaporated partly skimmed milk, whisking until melted and smooth. Bring to a boil. Boil 5 minutes, stirring constantly until thickened. Let cool 5 minutes. Pour over cake letting excess drip down sides. Garnish with walnut halves.

HANDY TIPS: 1. When you purchase a box of S.O.S® or similar cleaning pads, try cutting each pad in half with a pair of scissors. After years of having to throw away rusted and unused and smelly pads, I finally decided that this would be more economical. Now a box of cleaning pads lasts a lot longer and I have noticed that the scissors get 'sharpened' this way!
2. For icy door steps in freezing temperatures: put dish washing liquid in warm water and pour it all over the steps. They won't refreeze.

What Can you please share?

The following is a short list of Elders suggestions of what might be shared: Your local Newsletters/Upcoming Local Events/Prayers/Poems/Quotes/Comments/Storytelling/Drawings/Articles of Interest/Native Songs Lyrics/Wellness Seminars/Obituaries/Birthday Wishes, etc. Submissions are best forwarded to me via email by the 15th of the preceding month. If you are interested in providing articles, please do so, I look forward to hearing from anyone who wants to contribute to the content of your newsletter.

Gilakasla, Donna Stirling

'PRESERVING THE PAST'

New Elder's Website: www.bcelders.com

The *First Ever* Elder's Website "Preserving the Past" is now online (as of Sept. 2002). Registration forms, booth forms, maps of the host territory, accommodation information, etc. concerning the Annual Elders Gatherings are available each year on the BC Elders Communication Center Society's website www.bcelders.com as soon as they are made available from each new host community.

Issues of your Elders Voice Newsletter are also posted on the website each month, though all issues still continue to be mailed out to your Elder's Contact People throughout the province (to ensure that no one is left out because of a lack of access to the internet).

Comments? Please feel free to call in to the Communication Center - contact info is on the back page.

Disclaimer:

Health articles, etc. are provided as a courtesy and neither the BC Elders Communication Center Society's Board/Members or anyone working on its behalf mean this information to be used to replace your doctor's and other professional's advice. You should contact your family physician or health care worker for all health care matters. Information is provided in the Elders Voice for your reference only. And opinions contained in this publication are not those of Donna Stirling, Coordinator unless her name appears below the material.

BC ELDERS COMMUNICATION CENTER SOCIETY

10th Year GRATITUDE LIST

Of Groups Who Have Thankfully Paid Their \$250 'Yearly Support Fee'
For the Dec. 1st 2009 – Nov. 30th 2010 Year

1. Indian Residential School Survivors Society
2. Ditidaht First Nation
3. Qualicum First Nation
4. Cowichan Elders
5. Tsleil-Waututh Nation
6. Laich-kwil-tach Treaty Society
7. BC Assoc. of Aboriginal Friendship Centres
8. Kla-How-Eya Circle of Elders
9. BC Transmission Corporation
10. K'omoks First Nation
11. Douglas Band
12. Kluskus Indian Band
13. Lower Nicola Indian Band
14. Ki-Low-Na Friendship Society
15. Hartley Bay Village Council
16. Squiala First Nation
17. Akisqnuq First Nation
18. Wei Wai Kum First Nation
19. Wet'suwet'en First Nation
20. Kitamaat Village Council
21. McLeod Lake Tse'khene Elders Society
22. Da'naxda'xw First Nation
23. Gitwangak Education Society
24. Quatsino Band
25. Spallumcheen Indian Band
26. Williams Lake Indian Band
27. Bridge River Indian Band
28. Lytton First Nation
29. Lower Kootenay Band
30. Ehattesaht Tribe
31. Xaxli'p Indian Band
32. Adams Lake Indian Band
33. Kwikwetlem First Nation
34. Osoyoos Indian Band
35. Hailika'as Heiltsuk Health Centre
36. Carnegie Community Centre
37. First Nations Health Society
38. We Wai Kai Nation
39. Hesquiaht First Nation
40. Sumas First Nation
41. Kamloops Indian Band
42. Shxwha:y Village
43. Ki-Low-Na Friendship Society
44. Chawathil First Nation
45. Gingolx Elders
46. Doig River First Nation
47. Soowahlie Health Services
49. Union of British Columbia Indian Chiefs
- 50.

**Repeating INVOICE Message:
IT IS THAT TIME OF YEAR AGAIN!**

**Dear Elders, Elders Workers, Presidents,
Chief and Councils, & Boards of Directors**

**Support Invoices accompany the November
issue of the Elders Voice each year. Please
see if you can assist with the costs for this
provincial elder's office to operate by paying
the \$250 yearly support fee.**

**Your consideration is very much appreci-
ated. If your office/group needs another
copy faxed or emailed please contact:**

**1-877-738-7288 or email bcelders@telus.net
Thank you, Donna Stirling
BCECCS Coordinator, Sec. BC Elders
Council**

Re: Welcome speech to the 2010 King and Queen

Weyt-kp Elders, Kukpi7 and Youth,

I'm very happy to introduce tonight's guests of honour: J.D. and Ethel Billy.

Ethel Billy is of Secwepemc ancestry: Born at Cstelnec (Adams Lake area) and raised in Adams Lake Band community. Her mother was Julienne William Arnouse and her father was Alex Joseph Arnouse.

Ethel is fluent in Secwepemctsin. She shares her love of Secwepemc culture, history and language through spiritual ceremonies, teaching, and when community members come to visit. From the very beginning, Ethel was an avid supporter of Chief Atahm School where, today, children are taught exclusively in Secwepemctsin.

As a Community Health Representative, she worked with women, children, and elders to address the health and social needs of her community.

Ethel was the first Adams Lake member to hold an Alcoholics Anonymous meeting. She faced the challenge, and, with perseverance, won over the disease that many face. Today, Ethel is very involved in the sobriety drive in the Chase area.

J.D. Billy is of Lillooet ancestry: He was raised in the Fountain Band community. His mother was Katie (Dick) Billy and his father was Casimir Billy. J.D. was adopted by the Ke7e Kenoras's family of Adams Lake.

As a young man, J.D. took on the role of husband, father and provider. He kept active by playing sports and coaching young people. He did this to keep himself busy; and to keep young people off of the streets and away from alcohol and drugs.

J.D. worked for many years as an Addiction Counselor in the Chase area. He was a Founding Board Member of the Round Lake Treatment Centre.

Later, J.D. assisted in the design of the new Treatment Centre. He has seen many graduate from all over Canada walk out its doors.

In 1983, J.D. earned his Certificate in Addiction Counseling. Like Ethel, he's involved in A.A.: attending meetings and Roundups.

J.D. and Ethel are supportive of each other. Married for 53 years, they are the proud parents of Audie and Brenda, grandparents of Alisha, and, they have two great-grandchildren.

As a team, they support their community. J.D. and Ethel work with the Adams Lake Band Elders Group so that elders play an active part in community life. They offer guidance to both young and old through sweathousing, prayers and visiting the sick.

It's no wonder that they have so many friends. People who are supportive of them, who care about them, love them, and, share with them, the same goals for continued healthy living.

Tonight we honour them.

Ladies and gentlemen, please welcome the King and Queen of the #4th Annual BC Elders Gathering, J.D. and Ethel Billy.

34th ANNUAL BC ELDERS GATHERING

HOSTED BY ADAMS LAKE INDIAN BAND
& THE SHUSWAP NATION

JULY 13 – 15, 2010

SUNWAVE CENTRE, SALMON ARM, BC

Contact: Susan Matthew smatthew@alib.ca 250/679-2247 ext 247



TRADITIONAL FOOD DONATION FORM



If it is possible for you, your family, your group or your Band and/or Nation to become a regular OR a one-time contributor of Traditional Foods for the Annual Elders Gathering please fill out this form and fax or mail to the Co-coordinator at PO Box PO Box 588, Fax 250/679-8813 and you will be contacted with more information.

NAME: _____

ADDRESS: _____

TELEPHONE: _____ CELL: _____

EMAIL: _____

FISHING LICENCE #: _____ PERMIT #: _____

FOOD TO BE OFFERED: _____

Please note that fish should be “Round” which will alleviate the Elders having to clean before cutting, storing and cooking for the Gathering.



To Be Filled Out When Delivered

Date Received

Received By

Amount Received: _____

Delivered for Storage at: _____

Please remember that due to Food Safe Regulations it is required that Wild Meat be processed in an approved facility (butcher/processor) and the various seafood items must be labeled with “Date and Place Gathered”.

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REGISTRATION FORM

NAME: _____

ADDRESS: _____

TELEPHONE: _____

FIRST NATION/BAND: _____

GROUP NAME: _____

GROUP LEADER: _____ TELEPHONE: _____

EMAIL: _____

MEDICAL INFO: _____

DIABETIC, ALLERGIES, HEART CONDITION, ETC.

EMERGENCY CONTACT: _____

TELEPHONE: _____

METHOD OF PAYMENT: CERTIFIED CHQ MONEY ORDER

◆ **THE REGISTRATION FEE IS \$50.00 PER PERSON**

◆◆ All elders and support workers are encouraged to carry emergency medical and contact information with them at all times in case of an emergency.

Mail in completed registration forms with fee to:
PO Box 588, Chase, BC V0E 1M0
Attention: Susan Matthew

Please ensure that you have registered by June 15, 2010. Registration check-in for the Gathering will begin on July 12, 2010 – 1:00 pm – 8:00 pm
On-site registration will be available July 12, 2010
Late registration s will be subject to a \$25 fee.

Group leaders are responsible for checking-in those Elders who are registered as a group.

34th ANNUAL BC ELDERS GATHERING

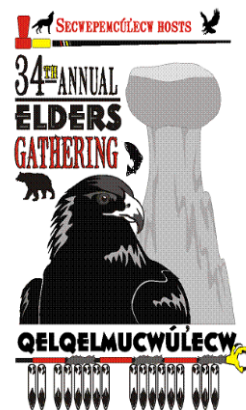
HOSTED BY ADAMS LAKE INDIAN BAND

& THE SHUSWAP NATION

JULY 13 – 15, 2010

SUNWAVE CENTRE, SALMON ARM, BC

Contact: Susan Matthew, smatthew@alib.ca, 250/679-2247 ext 247



VOLUNTEER REGISTRATION FORM

NAME: _____

ADDRESS: _____

TELEPHONE: _____ CELL: _____

EMAIL: _____

EDUCATION BACKGROUND: _____

CURRENT OCCUPATION: _____

Is there a particular type of volunteer work in which you are interested. Please check all that apply.

- | | | |
|---|---|--|
| <input type="checkbox"/> Registration | <input type="checkbox"/> Souvenir Sales | <input type="checkbox"/> Elders |
| <input type="checkbox"/> Driver | <input type="checkbox"/> First Aid | <input type="checkbox"/> Billeting |
| <input type="checkbox"/> Food-Server | <input type="checkbox"/> Technical set up | <input type="checkbox"/> Seating |
| <input type="checkbox"/> Food-Clean up | <input type="checkbox"/> Technical sound | <input type="checkbox"/> Security |
| <input type="checkbox"/> Food-preparation | <input type="checkbox"/> Technical lighting | <input type="checkbox"/> Traffic Control |
| <input type="checkbox"/> Set-up/Take down | <input type="checkbox"/> Clean-up | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Days/Time available:

Monday _____ Tuesday _____ Wednesday _____ Thursday _____

Days/Time unavailable

Monday _____ Tuesday _____ Wednesday _____ Thursday _____

Do you have use of an automobile during the gathering Yes No

I will adhere to all rules and regulations from the Committee while volunteering:

Signature

Date

34th ANNUAL BC ELDERS GATHERING

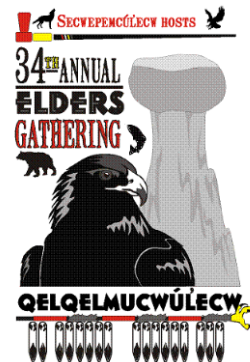
HOSTED BY ADAMS LAKE INDIAN BAND

& THE SHUSWAP NATION

JULY 13 – 15, 2010

SUNWAVE CENTRE, SALMON ARM, BC

Contact: Susan Matthew smatthew@alib.ca 250/679-2247 ext 247



INFORMATION BOOTH REGISTRATION FORM

NAME: _____

ADDRESS: _____

TELEPHONE: _____ FAX: _____

FIRST NATION: _____ EMAIL: _____

BOOTH INFORMATION: _____

PAYMENT:

- Information booth registration fee is payable with registration.
- Method of payment – certified cheque or money order – payable to Adams Lake Band/BC Elders Gathering Attention Susan Matthew in the amount of \$200.00
- Upon receipt of registration with payment, you will receive confirmation of payment and an assigned floor space. There will be no changing spaces once assigned a booth.

SET UP OF BOOTH:

- Set up can begin at 1:00 pm on Monday, July 12, 2010
- Booths are to be set up no later than 9:00 am on Tuesday, July 13, 2010

GUIDELINES:

- The 2010 Elders Gathering Planning Committee, workers and volunteers are not responsible for lost or stolen items or injury.
- Information booths may not sell food, drinks or raffle tickets.
- No burning will be allowed in the booths as some elders may have respiratory ailments.
- One table and 2 chairs will be provided for each information booth.
- Electrical outlets will **not** be available for information booths.
- Notice of cancellation must be provided by June 15, 2010. Any cancellations after this date will not be issued refunds.
- If a booth is not set-up by 9:00 am on Day 1 of the Gathering, the booth will be re-rented with no refund to the original booth registrant.
- If you do not hear from us within 10 days of submitting your registration, please call to confirm that it was received by our office.

I have read and agree to all of the above guidelines:

Signature of Applicant

Date

Mail completed Registration Forms with fee to:
PO Box 588, Chase, BC V0E 1M0
Attention: Susan Matthew

34th ANNUAL BC ELDERS GATHERING

HOSTED BY ADAMS LAKE INDIAN BAND
& THE SHUSWAP NATION

JULY 13 – 15, 2010

SUNWAVE CENTRE, SALMON ARM, BC

Contact: Susan Matthew smatthew@alib.ca 250/679-2247 ext 247



VENDOR REGISTRATION FORM

NAME: _____

ADDRESS: _____

TELEPHONE: _____ FAX: _____

FIRST NATION: _____ EMAIL: _____

TYPE OF CRAFT: _____

PAYMENT:

- Vendor booth registration fee is payable with registration.
- Method of payment – certified cheque or money order – payable to Adams Lake Band/BC Elders Gathering Attention Susan Matthew in the amount of \$250.00
- Upon receipt of registration with payment, you will receive confirmation of payment and an assigned floor space. There will be no changing spaces once assigned a booth.

SET UP OF BOOTH:

- Set up can begin at 1:00 pm on Monday, July 12, 2010
- Booths are to be set up no later than 9:00 am on Tuesday, July 13, 2010

GUIDELINES:

- Vendors are asked to donate 2 items, which will be collected at the time of Vendor check-in, and will be used for door prizes for the Elders Gathering.
- The 2010 Elders Gathering Planning Committee, workers and volunteers are not responsible for lost or stolen items or injury.
- Vendors may not sell food or drinks.
- Vendors may sell raffle tickets throughout the duration of the gathering but are not permitted to sell 50/50 raffles, as this will be done by the Planning Committee.
- No burning will be allowed in the booths as some elders may have respiratory ailments.
- One table and 2 chairs will be provided for each vendor.
- Electrical outlets will **not** be available for vendors.
- Notice of cancellation must be provided by June 15, 2010. Any cancellations after this date will not be issued refunds.
- If a Vendor does not set-up their booth by 9:00 am on Day 1 of the Gathering, the booth will be re-rented with no refund to the original Vendor.

I have read and agree to all of the above guidelines:

Signature of Applicant

Date

Mail completed Registration Forms with fee to:
PO Box 588, Chase, BC V0E 1M0
Attention: Susan Matthew

**BC Elders Gathering
Accommodation
July 13 - 15, 2010**

	Phone: (250)	Rate	Block Rate	Rooms	Expire Date	Code #
Hotel/Motel: Rooms based on 2 Beds						
Apple Grove Motel, 600-50th St NE	832-6955	-	-	-	-	-
Best Western Motel, 61-10th St SW	832-9793	\$150.00	\$127.49	10	June 1st	ALIB
Cal-Van Motel, 4690 TC Hwy NE	832-7233	-	-	-	June 1st	ALIB
Holiday Inn Express, 1090-22nd St NE	832-7711	\$179.95	\$150.00	5 - Smoking	June 1st	ALIB
McGuire Lake Park Senior Lodge, 551 TC Hwy	832-4002	\$115.00	\$85.00	6 - Handicap	June 1st	ALIB
Podollan Inns, 1460 TC Hwy NE	832-6025	\$209.00	\$169.00	10	June 1st	ALIB
Prestige Inn, 251 Harbourfront Dr NE	833-5800	\$219.95	\$169.95	10	June 1st	ALIB
Quaaout Resort, Little Shuswap Rd, Chase	679-3090	\$150.00	\$140.00	10	June 1st	ALIB
Salmon River Motel & RV Park	832-3065	-	-	-	-	-
Super 8 Motel, 2901-10th Ave NE	832-8812	\$154.95	\$149.95	10	June 1st	ALIB
Traveler's Rest Motel, 6410 TC Hwy W	832-3075	-	-	-	-	-
View Point Motel, 6871 TC Hwy W	832-2833	\$114.00	\$114.00	5 - Cabins	May 1st	ALIB
Camping, Cabins & RV Parks						
Apple Grove Camping	832-6955	-	-	-	-	-
Cedars Campground 14km E of Sicamous	836-2265	-	-	-	-	-
Club Shuswap Golf & RV, TC Hwy E	832-7345	-	-	-	-	-
Green Trees RV, 4191-10th Ave NE	800-689-9025	\$24.00	\$24.00	15 Sites	-	ALIB
Herald Prov RV Park, Sunnybrae-Canoe Rd	832-6159	-	-	-	-	-
Hidden Valley RV, 6670 TC Hwy E	679-8841	-	-	-	-	-
Peirre's Point Camp, TC Hwy W	832-3065	-	-	-	-	-
Salmon River RV, TC Hwy W	800-562-9389	-	-	-	-	-
Salmon Arm Camp, 381 Hwy 97B	832-3793	-	-	-	-	-
Sandy Point Beach Camp, TC Hwy W	800-979-3599	-	-	-	-	-
Scotch Creek Cottages, Scotch Creek	800-689-9055	-	-	-	-	-
Shuswap Lk Prov Pk, Scotch Creek	832-2230	-	-	-	-	-
Skimikin Camp, Skimikin Lake Rd	866-835-4531	-	\$10.00	20 Sites	-	-
Sky Blue Waters, 3463 Sunnyrae-Canoe Pt	835-8686	-	-	-	-	-
Sunnyshore Fishing, 2867 White Lk Rd	877-611-4251	-	-	-	-	-
The Maples, 1283 Dieppe Rd, Sorrento	832-8880	-	-	-	-	-
White Water Slides, TC Hwy W	-	-	-	-	-	-
Bed & Breakfasts						
Destination Spa, 4671-16 St NE	833-0030	-	-	-	-	-
Four A B&B, 2250-4 Ave SE	832-7738	\$99.00	\$89.00	1	Mar 1st	ALIB
Inn at the Ninth Hole, 5091-20 Ave SE	833-0185	-	-	-	-	-
Little Creek, 1908 Salmon River Rd	832-2243	-	-	-	-	-
Raven's Roost, 5231-11 St NE	832-8651	-	-	-	-	-
Tamarack Villa, 20 Timms Rd	832-6317	-	-	-	-	-
Tyn-Y-Coed, 1890-20 Ave NE	833-1890	-	-	-	-	-
A Rover's Rest,, 2660 Balmoral Rd, Blind Bay	675-4405	-	-	-	-	-
The Maples, 1283 Dieppe Rd, Sorrento	675-2433	-	-	-	-	-
Thimbleberry Ct, 2902 Coates Rd, Sorrento	675-2278	-	-	-	-	-
Trickle Inn, 5290 TC Hwy, Tappen	835-8835	\$110.00	\$100.00	4	-	-
Links						
www.sachamber.bc.ca						
www.kamloopschamber.bc.ca						
www.vernonchamber.ca						
www.sicamouschamber.bc.ca						

Mary and family,

We are deeply saddened to hear of your loss.

RICHARD WILLIAM ABRAHAM BOWERS BORN ` March 30, 1972 - February 2, 2010

FEBRUARY 2, 2010 an Eagle Feather fell to Earth

Richard William Abraham Bowers, at the age of 37yrs. dropped his robe and made his final journey into the West

Through the light of the breaking morning his spirit walked alone, and unafraid into a clear blue sky. Free at last of the pain and suffering of this world he walked straight and tall.

I know that Creator will accept him into the lodge of his people and that he will find eternal rest and peace.

May his spirit be welcomed by his ancestors and nurtured by the Grandmothers.

The prayers of our people all over the Earth are with you Rick, may your journey take you home to the land of your people.

Peace, prayers and blessings

Auntie Kelly Wilson-Cook and Girls

Rick was predeceased by his father Raymond, baby Jaydon, grandparents, aunts and uncles. He will be lovingly remembered by his mother Mary Collins (Doug); brother Raymond; sisters Ruby, Rachel, Rebecca, Rhaina, Roberta and Randi-Rose; nephews Ryan and Tayleb, nieces Riley-Rae and Izabella, aunts, uncles, cousins and many friends. Rick moved to Victoria from Ontario in 1987 and worked as a Forestry Engineer and a Class 1 truck driver. He was also a member of the Canadian Classic Chevelles and Beaumonts.

Ona Gwe, Waki ...Until Next We Meet

My walk here is through

Here is what I ask of you

When you come to my crossing ceremony

do not cry

Do not stand with bowed head and say good-bye

If I have left a memory, and my name is called,

do not weep,

For I am with you in full spirit,

I do not sleep.

Look up with joy

in your heart and these words repeat

Ona Gwe, Waki

...Until Next We Meet.

Dear Elders and First Nation Community Members,

I am writing this letter because there is great concern for an Ancient Burial site. It is threatened by development in Cadboro Bay. A number of residents are very concerned that this ancient site will be disturbed. It is threatened by development - the plans put this burial site at high risk in the immediate future.

Information regarding the ancient burial site was documented in 1961-62 Times and Colonist newspapers. I am worried that this information will be overlooked to accommodate sewage pipes that will rip apart the 3 burial sites. We fear this will be done without proper consultation and archeological studies conducted.

The burial site was estimated to be 1,000 to 1,500 years old - the Chief faces Mt. Baker. The site is in the same area that there were recent findings in November 2009. The burial site is in close proximity to the new First People's House recently built at the University of Victoria.

I have written John Balogh and shared information regarding the Ancient Burial site and the potential for disturbing artifacts. John is a government appointed employee who works for the Capital Regional District's Core Area Liquid Waste Management committee. He was hired to consult with First Nations regarding the construction of the land-based secondary sewage treatment plants. My fear is that he has not disclosed this information and that nothing will be done to protect it.

Personally, I do not trust in the government or their appointed representatives to best represent First Nation's best interests. I do not believe Elders and First Nation Community Members will be informed - the CRD will not disclose what they have planned in this area of Cadboro Bay and how it affects First Nation's history.

Thank you listening to my story and for ensuring that the development will be stopped before First Nation's history is destroyed forever.

Respectfully,

Deborah Dickson
Victoria, BC

contact John Balogh at jbalogh@crd.bc.ca

TWO WOLVES

One evening an old Cherokee told his grandson about a battle that goes on inside people. He said, "My son, the battle is between two wolves inside us all.

"One is Evil - It is anger, envy, jealousy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, and ego.

"The other is Good - It is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion and faith."

The grandson thought about it for a minute and then asked his grandfather: "Which wolf wins?"

The old Cherokee simply replied, "The one you feed."

A conference not to be missed!

Every other year an extraordinary conference takes place in Vancouver – **Brain Development & Learning: Making Sense of the Science.**

Why mention this to BC First Nations Elders? What is valuable about this meeting for us and our communities? Rather than speak in generalities, perhaps the best way to address these questions is to give some concrete examples of sessions that will be held at this summer's conference, **July 16-20:**

Dr. Julien from Montreal will set the tone for the conference with his opening talk on **“Social Pediatrics: A Powerful Approach to Sustaining Child Development in Underserved Communities.”** Dr. Julien is spearheading a revolution in Pediatrics by returning to truths you and our ancestors have long known – you cannot just treat a symptom, you must address the whole person, and you cannot just treat a person in isolation, you must also address the family and setting in which that person lives. YOU knew this, but Pediatricians have long ignored it.

The field Dr. Julien has founded, “Social Pediatrics,” is characterized by inclusiveness – bringing together and empowering parents, extended family, neighbors, teachers, and others. The approach is based on respect and on mobilizing different sectors (such as health & education) to work together so that no child falls through the cracks. It is based on the fundamental recognition that medical conditions and social conditions are closely intertwined and that socio-economic adversity often lies at the root of children's health problems. The goal is to prevent problems and not just treat them.

Dr. Julien not only talks the talk, he walks the walk. For example, has created an aboriginal midwives program, which respects native traditions and dramatically reduces costs. He is in clinic himself 4 days a week, often 60 hours a week, and refuses to take any government money. His work has been so transformational that now ALL Pediatric Residents at ALL major universities in Montreal are required to do a rotation under Dr. Julien.

Also at this summer's conference the film, **“What I Learned in Class Today: Aboriginal Issues in the Classroom,”** by two Aboriginal UBC graduates, Karrmen Crey and Amy Perrault, will be aired, followed by a discussion led by a panel picked by Crey and Perrault. As you know, Aboriginal students often feel singled out in the classroom, expected to speak for all Aboriginals, and often encounter unflattering stereotypes and lack of sensitivity to their feelings. Such experiences affect their ability to function in school and do their work. This remarkable film provides interviews with Aboriginal students talking about situations that made them feel uncomfortable or worse, and why, sharing their reflections on the dynamics underpinning such situations. This is an important film with implications for all situations where Aboriginals and non-Aboriginals interact.

Melania Alvarez will discuss that by expecting children to succeed, introducing different ways to teach math (often harkening back to old cultural practices), and promoting role models, the Pacific Institute for the Mathematical Sciences (PIMS) is making a significant difference in the way Aboriginal students view science and technology and their own mathematical ability. **These activities are designed to transform the way Aboriginal students view math and empower them to view themselves as fully able to succeed at math,** and thus of gaining entry to and graduating from university.

A final example is the talk to be given by Dr. Bergman on **“Improving Life from the Beginnings: Early Skin-to-Skin Contact enhances Newborn Development.”** Dr. Bergman started his medical career as a mission doctor in Zimbabwe. He introduced direct skin-to-skin contact between mother and infant (Kangaroo Mother Care or KMC) to South Africa in 1995. During the 6 years he was Senior Medical Superintendent of the Mowbray Maternity Hospital he oversaw 5 Midwife Obstetric Units and 18,000 births

per year. He will talk about how **after birth, all babies, including the most fragile, thrive best if they are in direct, extended physical contact with their mothers.** Incubators are not the answer. **Traditional societies have known this all along; the Western fascination with technology has blinded doctors to this wisdom in recent years.**

After birth, the most important decision a newborn must make is whether the world is safe or not. A caregiver's presence (or absence) and particularly skin contact (or its absence) are major determinants in an infant deciding whether he or she is safe. Autonomic nervous system activities dynamically chart this. It used to be thought that Kangaroo Care was appropriate only for stable infants. However, a Randomized Controlled Trial, comparing low birthweight babies stabilized in incubators versus those without incubators but in skin-to-skin contact from birth provides clear evidence that skin-to-skin contact produces results far superior to those with incubators, and smaller babies actually become more unstable in incubators.

The conference organizer, Prof. Adele Diamond of UBC, hopes that First Nation Elders will attend the conference to learn and to be heard, so that they may help educate others at the conference. Learning goes both ways. The experience and wisdom of the audience adds to what everyone learns and gains from the meeting.

You can attend for FREE. There are scholarships for 10 people from First Nations in BC to attend the conference at no charge as long as they share what they learn with others in their community. Eight of these scholarships are still available. All you have to do is email Prof. Diamond (adele.diamond@ubc.ca) and say you'd like one. There is no application to fill out.

Even without the full scholarship, registration is only \$60 a day if your family income is less than \$100,000 per year: www.interprofessional.ubc.ca/BDL_subpages/registration_2010.html Again, there is no application to fill out. You state your income fits the criterion, and they take you at your word.

The conference staff also offers to try to help people further reduce costs by either staying with a local family attending the meeting or helping people find someone with whom to share a hotel room. They have negotiated reduced airfares as well: www.interprofessional.ubc.ca/BDL_subpages/housing.html#travel

The conference staff does its work without pay because of their commitment to seeing all children prosper, growing up strong, healthy, self-confident, and proud.

People have loved the previous meetings. Comments have included:

"What I liked especially was the welcoming attitude to different professionals, students and parents....the great speakers; the sensitivity to learning and attention to participants' needs; the passion of the organizers has significant impact."

"I gained knowledge and passion."

"The speakers are exceptional, the organization of the conference supreme, the spirit of the whole conference is great; this is the best conference I ever attended."

"It was wonderful having different groups of professionals from different backgrounds and training come together in a truly collaborative way sharing research, knowledge, and experiences."

Prof. Diamond encourages Elders to come to her conference July 16-20 directly from the Annual BC Elders Gathering in Salmon Arm, BC July 13-15.

conference website is www.interprofessional.ubc.ca/bdl.html or call 604 822-7664

conf.brochure at www.interprofessional.ubc.ca/BDL_subpages/pdf/brochure_for_2010.pdf

The Healthy Aboriginal Network

Non-profit promotion of health, literacy & wellness

Just a short note to let you know that we have finally updated our website with the books we have in stock and our mailing address.

We're still working on a REAL website where you can download the low resolution previews automatically, peruse the focus group shorts without accessing YouTube and pay electronically. One day!

You can find the site at www.thehealthyaboriginal.net.

Please note we still have our suicide awareness, mental health and gang awareness comic books in stock. If your fiscal year end is March 31st, please consider getting an order in early. We are running low on inventory but there is still time to re-print books in stock or very large orders of the sold out books.

We appreciate your time,
Sean Muir, Executive Director

3945 West 51st Ave Vancouver, BC V6N 3V9

Phone 604-876-0243 sean@thehealthyaboriginal.net

BC incorporated non-profit Society No. S-48530

Irritable Bowel Syndrome

Community member Hud-Hud04 wrote ProduceTheDoctors.com to ask The Doctors to tackle [irritable bowel syndrome](#) (IBS).

April is Irritable Bowel Syndrome Awareness Month, and more than 55 million people suffer from this often debilitating disease. IBS is a disorder of the large intestine and can cause bloating, diarrhea, constipation, abdominal pain and mucous in stool. Dr. Travis demonstrates [how the bowel is affected by IBS](#).

In many cases, IBS can be managed by diet, exercise and lifestyle. Staying hydrated and adding fiber-rich foods such as beans, raspberries, artichokes and yogurt with probiotics can aid digestive function. Peppermint oil is an antispasmodic remedy that can relieve a distressed or spasmodic bowel.

Common IBS Triggers:

- Spicy foods - Chewing gum
- Chocolate - Artificial sweeteners
- Cabbage - Soda
- Coffee
- Alcohol

Dear Sir or Madam,

My mother was born and raised in Church House. Her name was Luella Elsie Bassett. Born February 17, 1912.
Died March 21, 1998

My grandmother, her mother's name was Susan. I am unclear if Susan's surname was Bob or Roberts. I do not have a birth or death date for Susan.

I understand when she was buried at Bassett's Bay on Stuart Island.

I was told Susan had problems with Children's Services or something similar. who was going to take her children from her, so an English white man by the name of George Bassett, offered to marry Susan so she could keep her children, hence where the surname Bassett came from.

The attached picture is of Susan and her children, of which includes my mother, who is standing to the right of Susan. The remaining siblings are Stan, Joe, Charlie, Mina, Marie, Geneva. All were given the surname of Bassett. The man in the picture is George Bassett. He is holding Geneva.

The girl to the left of Susan and the girl in front of her holding what looks to be two cats, were a couple of friends, of whom I do not know their names and are not related, to my knowledge.

My mother Luella married my father, Harry Lansall, a white man. They had four children. A son George, who died before his first birthday; a daughter Elsie, a daughter Noreen, and myself, Wanita.

I understand that when my parents got married, the 'law' at that time, was if a Native woman married a white man she lost her Native Status, which means my mother lost her Status upon this marriage to my white father.

My mother never did apply to regain her Status after my parents were divorced. My mother lived her whole life hiding the fact that she was Native, and instead told everyone she was French. Because of her aversion to admitting her Native roots, she refused to give any information of our family ancestry. I understand she did not keep in contact with any extended family members from her Native roots, only her siblings.

I was raised with my father, in the white man's world and therefore lost all contact with and any knowledge of family on my mother's side. This along with my mother's denial has made it next to impossible to find out about this part of my family tree.

Both Elsie and I married white men. Noreen married two men from Cape Mudge, Wilmer Lewis and Mel Assu: both deceased. Mel Assu was her last husband and Noreen still lives on the Reserve on Nursery Rd. in Campbell River. Elsie lives in Sidney, B.C. and I live in Victoria, B.C.

I and my children would like to find our 'roots' regarding our family tree from my mother's Native Ancestry.

It was suggested that I write the Church House Band, now called Homolco Band, since that is where my mother was from, for further information on this search.

Also, can you tell me if I or my children would be able to regain our own personal Native Status that my mother, Luella, lost with her marriage to my white father?

I hope you will be able to help me on both these matters regarding family tree info and possible Status reinstatement.

thank you,

Wanita Lansall (Email: 831dusty@telus.net)

Wild Salmon Is Our Lifeblood

Press Release February 18, 2010

(Coast Salish Territory/Vancouver, February 18, 2010) Grand Chief Stewart Phillip, President of the Union of British Columbia Indian Chiefs stated today “The UBCIC has long-held the opinion that salmon fish farms has proven to have had a lethal and irreversibly toxic impact on indigenous runs of wild salmon. Especially where there is a concentration of fish farms in waters used by juvenile salmon exposed to the high concentrations of sea-lice from these fish farms.”

Earlier this week, the UBCIC Executive joined 45 people who participated in the 29 hour fast supporting the Musgamagw Tsawataineuk Tribal Council’s (MTTC) opposition to fish farm tenures in the Broughton Archipelago.

“I am very pleased that many of the fast participants were from Indigenous communities and I was happy to see many supporters from the general public including a couple who participated from their home in Haugesund, Norway” said Chief Bob Chamberlin, Chairman of the MTTC. “92 per cent of fish farms on the BC coast are owned by Norwegian companies Marine Harvest, Cermaq and Greig Seafood including all of the fish farms in the Broughton Archipelago, the heart of our territories. The fish farms operating in our territories are killing wild salmon, the lifeblood of all life that reside in our territories and the lifeblood of our culture.”

On September 13, 2007, 143 state members of the United Nations General Assembly, voted to adopt the United Nations Declaration on the Rights of Indigenous Peoples, as recommended by the UN Human Rights Council.

“Norway voted to adopt the Declaration on the Rights of Indigenous Peoples. It was an historical vote and to Indigenous Peoples it is regarded as a solemn commitment to universal human rights,” said Assembly of First Nations National Chief Shawn A-in-chut Atleo. “Companies headquartered in countries who voted to adopt the Declaration, such as Norway, should apply the standards of the Declaration in all of their relationships with Indigenous Peoples domestically and internationally.”

Grand Chief Phillip concluded “The UBCIC will continue to fully support any and all Indigenous communities who choose to pursue all available steps to ensure that their rights are recognized, respected and protected at the local, regional, national and international levels.”

This Saturday, the UBCIC will join the Wild Salmon Circle to rally for wild salmon, featuring Otto Langer, Chief Bob Chamberlin, and Don Staniford of the global Pure Salmon Campaign. The rally is at Vanier Park at 1:00 PM on February 20. For more information go to: <http://www.wildsalmoncircle.com/>

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Media inquires:

Grand Chief Stewart Phillip, Union of BC Indian Chiefs

Phone: (250) 490-5314

Chief Bob Chamberlin, Musgamagw Tsawataineuk Tribal Council

Phone: (778) 988-9282

The UBCIC is a NGO in Special Consultative Status with the Economic and Social Council of the United Nations



NEC Native Education College

MVUAS

METRO VANCOUVER
URBAN ABORIGINAL STRATEGY

Building Relationships to Address the Needs of Our Community

Metro Vancouver Urban Aboriginal Strategy is offering: Free Workshops for Employees/Volunteers of Aboriginal Organizations

Employees/volunteers of Metro Vancouver Aboriginal Organizations are invited to participate in free capacity building workshops sponsored by the Metro Vancouver Urban Aboriginal Strategy Steering Committee at the Native Education College.

The following capacity building workshops will be held throughout the month of March 2010 at the Native Education College:

- March 5, 2010- *Effective Fundraising for Non-Profit Organizations* by Kristin Kozuback
- March 9 & 23, 2010 – *Understanding and Building Cultural Relationships* by Gary Johnston
- March 11, 2010 – *Financial Fitness* by Stewart Anderson (VANCITY)
- March 12, 2010 – *Non-Profit Communications Planning* by Kristin Kozuback
- March 19, 2010 – *Creative Communications for Conflict Resolution* by Gael McCool
- March 24 & 25, 2010 – *Board Governance for Aboriginal Non-Profit Organizations* by Cliff White (this is a 2 day workshop)

How to register:

Simply call the Native Education College Admissions at 604-873-3772 ext 328 or email admissions@necvancouver.org

All workshops will be held at the Native Education College- 285 East 5th Avenue, Vancouver BC from 9am to 4pm in Room 214.

A free lunch and coffee will be provided at each workshop.

Registration will take place on a first come first serve basis until each workshop is filled. Each workshop will hold up to 15 participants. Therefore, participants are encouraged to sign up ASAP!!!

For: BC Coastal First Nations

Contact: Frank Brown, BC Coastal First Nations

Primary Phone: 250-816-2015 Secondary Phone: 250-957-2303 E-mail: seequest1996@gmail.com

Date issued: January 27, 2010, 12:31 e

Attention: Assignment Editor, Books Editor, Environment Editor, News Editor, World News Editor

Report Shares Ancestral Knowledge on Importance of Biodiversity

Vancouver, CANADA, PRESS RELEASE, Jan.27 /CCNMatthews/ - Today, Assembly of First Nations' National Chief Shawn Atleo, Chief Councillor Marilyn Slett of the Heiltsuk Nation, Chief Bill Cranmer of the Namgis Nation and Frank "Athalis" Brown were present for the release of *Staying the Course, Staying Alive*, Coastal First Nations Fundamental Truths: Biodiversity, Stewardship and Sustainability, a report that gives voice to ancestral knowledge of B.C. Coastal First Nations and serves as a formal contribution to the United Nation's proclamation of 2010 the International Year of Biodiversity.

"I believe this invaluable report will contribute to the critical dialogue on biodiversity conservation, stewardship and sustainability here in British Columbia and throughout Canada," said Frank "Athalis" Brown, report co-author. "The seven truths can serve as a moral compass as we all move forward in these uncertain times of climate change and unprecedented loss of biodiversity."

UN Secretary-General Ban Ki-moon's message stated: "To raise awareness of the impending crisis and to spur the world to act, the United Nations General Assembly proclaimed 2010 the International Year of Biodiversity. In this International Year, we must counter the perception that people are disconnected from our natural environment."

Coastal First Nations of B.C. are responding to this call to action through sharing the following ancestral teaching that has sustained our people for over 10,000 years:

Fundamental Truth 1: Creation

We the coastal first peoples have been in our respective territories (homelands) since the beginning of time.

Fundamental Truth 2: Connection to Nature

We are all one and our lives are interconnected.

Fundamental Truth 3: Respect

All life has equal value. We acknowledge and respect that all plants and animals have a life force.

Fundamental Truth 4: Knowledge

Our traditional knowledge of sustainable resource use and management is reflected in our intimate relationship with nature and its predictable seasonal cycles and indicators of renewal of life and subsistence.

Fundamental Truth 5: Stewardship

We are stewards of the land and sea from which we live, knowing that our health as a people and our society is intricately tied to the health of the land and waters.

Fundamental Truth 6: Sharing

We have a responsibility to share and support to provide strength and make others stronger in order for our world to survive.

Fundamental Truth 7: Adapting to Change

Environmental, demographic, socio-political and cultural changes have occurred since the creator placed us in our homelands and we have continuously adapted to and survived these changes.

In the foreword of the report, AFN National Chief Atleo wrote, "I encourage serious reflection on the seven truths and trust they will stimulate constructive dialogue that supports both greater inter-cultural understanding and actions promoting conservation of biodiversity and other natural values."

- END RELEASE - 27/01/2010

For further information:

Report available at <http://www.biodiversitybc.org>

British Columbia All Chiefs' Task Force Launches Coordinated Action Awareness Campaign

Press Release February 3, 2010

Coast Salish Territory, February 3, 2010—The British Columbia All Chiefs' Task Force announced today that its Coordinated Action Working Group has launched an awareness campaign targeted at the national and international media attending the 2010 Winter Olympic and Paralympics Games to highlight Canada's refusal to sign the United Nations Declaration on the Rights of Indigenous Peoples and the consequences of this decision.

"We support the spirit of the 2010 Winter Olympic and Paralympic Games and applaud the partnership with the Four Host First Nations. Yet while this is a great starting point, there is much work which still needs to be done after the Games to address Aboriginal human rights, poverty, missing and murdered women, and rights and title. The first step in resolving these issues is for all Canadians to urge the Federal Government to adopt the United Nations Declaration on the Rights of Indigenous Peoples— an international instrument supported by 145 states that sets out the minimum human rights standards of Indigenous peoples worldwide," says Chief Wayne Christian, Chair of the BC All Chiefs' Coordinated Action Working Group and chief spokesperson for the Shuswap Nation Tribal Council.

First Nations leadership supports the United Nations Declaration on the Rights of Indigenous Peoples to ensure the survival, dignity and well-being for their communities, children and next generations. "The cost for Canada not to support the Declaration will be highlighted in First Nations poverty, further missing women, human rights complaints and continued land and resource disputes. By not adopting the Declaration, Canadian's reputation as a leader in international human rights is called into question. " says Cliff Atleo, president of the Nuu-chah-nulth Tribal Council.

"During these difficult economic times, it makes resounding sense for Canada to adopt the UN Declaration as it supports strong Nations and vibrant families and communities, which will benefit First Nations and non-First Nations alike," says Beverley Clifton Percival Chair, BC All Chiefs' Task Force member and Negotiator, Gitxsan Hereditary Chief's.

In September 2007, the United Nations General Assembly passed the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP) following over 25 years of work. Overwhelming support was demonstrated with 144 states voting in favour of the declaration. This monumental adoption affirms the minimum standards required for the "survival, dignity, and well-being of indigenous people of the world."The UNDRIP recognizes the collective rights of Indigenous Peoples including fundamental human rights for First Nations such as inherent rights to traditional lands and territories, self-determination, and unqualified recognition of First

Nations peoples, cultures, languages, and identities.

However, Canada is one of only four nations to have voted against the UNDRIP. Australia has since decided to support the UNDRIP, and the United States and New Zealand are currently reviewing their position. Canada's House of Commons passed a motion on April 8, 2008 endorsing the UNDRIP and calling upon Parliament and the Government of Canada to "fully implement the standards contained therein"; however, Canada has yet to sign on.

First Nations are continuing to demonstrate the need for Canada to adopt this UNDRIP as it will profoundly benefit First Nations and non-First Nations alike.

19th Annual Women's Memorial March

To kick off the Coordinated Action Awareness Campaign, Chief Wayne Christian has issued a call to action to Indigenous and non-Indigenous peoples worldwide to support the families of murdered and missing Aboriginal women across Canada by focusing support on the 19th Annual Women's Memorial March held each year on February 14 in Vancouver's Downtown Eastside. Support can be provided by joining the Women's Memorial March circulating information about the Memorial March; and organizing support marches in communities across the country to coincide with the Memorial March in Vancouver. In these ways, Aboriginal and non-Aboriginal peoples alike can demonstrate support for the families of the murdered and missing women and demand that Canada hold a public inquiry into missing and murdered Aboriginal women in BC and across Canada. For additional information on the Memorial March visit <http://womensmemorialmarch.wordpress.com/>

About the British Columbia All Chiefs' Task Force:

In August 2009, a First Nations Task Force composed of volunteer First Nation leaders from across the province, was established by First Nations to raise awareness and recognition of Aboriginal title and rights at the provincial, national and international levels, as well as with the general public.

Find additional information and news about the All Chief's Task Force at <http://firstnationstaskforce.wordpress.com>

For more information please contact:

Chief Wayne Christian
Chair, BC All Chief's Coordinated Action Working Group
Spokesperson Shuswap Nation Tribal Council
Telephone: (250) 503-7072

Ms. Beverley Clifton Percival
Chair, BC All Chief's Task Force
Negotiator, Gitxsan Hereditary Chief's
Telephone: (250) 842-6780 local 370

Mr. Cliff Atleo,
President, Nuu-chah-nulth Tribal Council
Telephone: (250) 720-5336

Ms. Kathryn Teneese,
Chair, Ktunaxa Nation Council

Telephone: (250) 489-8696

Mr. Robert Morales
Hul'qumi'num Treaty Group
Telephone: (250) 710-2241

The New Relationship Review

MINISTER'S MESSAGE

Looking back, looking ahead

It's been a busy eight months...

Since my appointment as Minister of Aboriginal Relations and Reconciliation in June, a number of agreements have been successfully negotiated that speak to historic changes in our relationship with Aboriginal people in B.C. And while it became apparent last summer that the provincial Recognition and Reconciliation legislation would not be moving forward, we continue to work hard to ensure recognition and reconciliation are fundamental to everything we do.

The treaty process picked up momentum with the recent initialling of a Final Agreement with Yale First Nation, the fourth modern Final Agreement negotiated under the BCTC process. Work toward finalizing other treaties continues, with In-SHUCK-ch Nation, Yekooche First Nation and Sliammon Indian Band working to complete Final Agreements. Also, the Lheidli-Tenneh First Nation is considering a second vote on their Final Agreement.

The New Relationship gained traction with the signing of historic Reconciliation Protocols with the Haida Nation and a number of the Coastal First Nations. The Province has also committed to restoring the Aboriginal name of the Queen Charlotte Islands - Haida Gwaii - in recognition of the long history and presence of the Haida Nation. In addition, British Columbia will join with Washington State in officially naming the area covered by the Georgia Basin-Puget Sound ecosystem the Salish Sea.

The first ever Strategic Engagement Agreement was signed with the Nanwakolas First Nations, and three Treaty 8 First Nations signed a revised Economic Benefits Agreement and four collaborative management agreements involving the planning and management of Treaty 8 lands in the province's northeast.

The Klahoose and Tla-o-qui-aht First Nations signed the Province's first two Incremental Treaty Agreements (ITAs) and are starting to realize tangible benefits. For the Tla-o-qui-aht, the ITA has created a development opportunity and has accelerated treaty negotiations. In the case of Klahoose, the Agreement helped them to purchase a Tree Farm Licence near one of their reserves in Toba Inlet.

In January, I joined the Tsay Keh Dene to celebrate an agreement with BC Hydro and the Province regarding the impacts of the W.A.C. Bennett Dam and other hydro infrastructure in the territory. This agreement is similar to the one reached with the Kwadacha First Nation in 2008.

Five Aboriginal Gathering Places were built to provide services to Aboriginal post-secondary students, with construction done in part by Aboriginal trades students participating in the Bladerunners program, which helps support unemployed, at-risk Aboriginal youth. We've facilitated five more Aboriginal Education Enhancement

Agreements - bringing the total to 48 agreements, bringing schools and Aboriginal parents and educators together to create successful learning environments for Aboriginal students.

Some important appointments and elections also deserve mention. Harry Nyce Sr., a Nisga'a hereditary chief, was named to the post of president of UBCM, and Shawn Atleo was elected to the very influential position of National Chief of the Assembly of First Nations.

Looking ahead there is much to anticipate: the 10th anniversary of the Nisga'a treaty in May, the initialling of more Final Agreements, a number of Agreements in Principle and various other opportunities for additional agreements with First Nations.

This week we will be welcoming the world to the 2010 Olympic and Paralympic Games, marking the first time in history that Indigenous peoples have been recognized as Official Partners in the hosting of a Games. The Four Host First Nations, the group representing the four bands on whose traditional territory the Games are being held, are co-ordinating First Nations involvement across Canada. The Vancouver Olympics will show the world that Aboriginal culture is both enduring and dynamic, with the traditional and the contemporary co-existing. These Games are set to inspire a whole generation of Aboriginal youth.

Our government has been committed to reconciling the longstanding grievances that have stood between government and First Nations. We can be proud of our achievements, and still realize that there is a great deal yet to do.

Hon. George Abbott, Minister of Aboriginal Relations and Reconciliation

Happy Birthday to the following elders from Lil'wat First Nation

Barbara Jameson - March 3rd
Allen Stager - March 8th
Louie Joe - March 12th
N7utsq7a - March 20th
Charlotte Andrew - March 24th
Jake Wells - March 24th

Happy Birthday to the following elders from Nadleh Whut'en First Nation

George George Sr. - March 5th
Joseph Louie - March 14th
Johnny George - March 27th

**BC ELDERS
COMMUNICATION
CENTER SOCIETY**

**ADDRESS:
1415 Wewaikum Rd.
Campbell River, B.C. V9W 5W9**

**Phone: 1-250-286-9977
Fax: 1-250-286-4809
Toll-Free: 1-877-738-7288
Coordinator: Donna Stirling
Website: www.bcelders.com
Email:
bcelders@telus.net**

**'ELDERS VOICE' ISSUES
ARE SENT OUT TO
COMMUNITIES BY THE
1st OF EACH MONTH.
If your area's copy is not received
in a timely manner please call in
to the office.**

To Be Six Again

You really have to give this guy an A+ for effort.

George was a thoughtful husband. He wanted to give his wife something special for her birthday which was coming up soon. As he sat on the edge of the bed, he watched his wife turning back and forth and looking at herself in the mirror. "Reta," he said, "What would you like for your birthday?"

His wife continued to look at herself and said, "I'd like to be six again."

George knew just what to do. On the big day, he got up early and made his wife a bowl of Fruit Loops. Then he took her to an amusement park where they rode all the rides. Five hours later, Reta's stomach felt upside down and her head was reeling. Never the less, George took her to McDonald's and bought her a Happy Meal with extra fries and a chocolate shake. Next, it was a movie with popcorn, soda and her favorite candy.

As Reta wobbled into the house that evening and flopped on the bed, George asked her, "Well, Dear, what was it like to be six again?"

Reta looked up at him. Her expression changed. She said, "I meant my dress size!"

from www.jokeclean.com

***Please mail, fax, email, or call in your
Birthday, Anniversary and other Special Wishes and Community Events !!***

Happy! Happy! Birthday To All Elders Born in March!!

PISCES - The Dreamer (Feb 19 - Mar 20) Generous, kind, and thoughtful. Very creative and imaginative. May become secretive and vague. Sensitive. Don't like details. Dreamy and unrealistic. Sympathetic and loving. Kind. Unselfish. Good kisser. Beautiful.

PLEASE CHECK OUT OUR RE-VAMPED WEBSITE AT:

www.bcelders.com

(Including Grand Entry Photos from the Annual Elders Gatherings)

ANNUAL BC ELDERS GATHERING INFORMATION CORNER

34th Annual BC Elders Gathering

Dates July 13,14,15th 2010 (with registration beginning July 12th)

Host: Adams Lake Indian Band and the Secwepemc Nation Bands

Event Location: Sunwave Centre in Salmon Arm, BC

Project Coordinator for the 2010 BC Elders Gathering is Susan Matthew

For info Ph: 250-679-2247 Email: smatthew@alib.ca